Rose For Rita

拍数: 32

级数: Beginner

编舞者: Jenifer Wolf (CAN) - July 2018

音乐: I'll Accept the Rose - Rita MacNeil : (Album: Rita)

Intro: vocals

Dedicated to a Canadian Legend, Singer Rita MacNeil

(A) STEP FORWARD, x3, HOLD, ROCK, REPLACE, STEP BACK, HOLD

- 1-2 Step right foot forward on a right diagonal, Step left foot beside right foot
- 3-4 Step right foot forward on a right diagonal, Hold
- 5-6 Step left foot forward, Step right foot in place (rock, replace)
- 7-8 Step left foot back, Hold

(B) STEP BACK x3, HOLD, ROCK, REPLACE, STEP FORWARD, HOLD

- 1-2 Step right foot back on a right diagonal, Step left foot beside right foot
- 3-4 Step right foot back on a right diagonal, Hold
- 5-6 Step left foot back, Step right foot in place (rock, replace)
- 7-8 Step left foot forward, Hold

(C) SIDE, ROCK, CROSS, HOLD, SIDE, ROCK, HOLD

- 1-2 Step right foot to right side, Step left foot in place (side, rock)
- 3-4 Cross right foot over left foot, Hold
- Step left foot to left side, Step right foot in place (side, rock) 5-6
- 7-8 Cross left foot over right foot, Hold

(D) ROCK FORWARD, TURN ½ RIGHT, SWAY, HOLD

- Step right foot forward, Step left foot in place (rock, replace) 1-2
- 3-4 Turn ¹/₂ left onto right foot, Hold
- 5-6 Sway left, Sway right
- 7-8 Sway left, Hold

Easy Tags: 4 counts, 3 times facing the 12:00 o'clock wall, sway right, left, right, left (weight ends on left foot), 1 time facing the 6:00 o'clock wall

Restarts: Two times facing the 6:00 o'clock wall, dance the first 8 counts then add a four count sway, Right, left, right, left, One time facing the 12:00 o'clock wall.

2 repetitions, then 4 count sway, 1 repetition, then 12 counts, repeat throughout the dance. EZ

End: Dance ends on the 12:00 o'clock wall, the first 8 counts, sway right, left, right, hold arms out to the side on the last count, weight on right foot.

Begin again

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墙数: 2