Oh My My, Are You Ready ?

级数: Improver

编舞者: Maryse Fourmage (FR) & Angéline Fourmage (FR) - July 2018

音乐: Oh My My - Summer Kennedy

Sequence : A-A-16-A-A-12 - 1 Restart Start : 32 counts Possibility Dance Contra

拍数: 48

[1-8] : Chassé, ROCK BACK RECOVER, KICK BALL CROSS

- 1&2 Chassé side right, left, right
- 3-4 Rock left back, recover to right
- 5&6 Kick left forward, step left together, cross right over left
- 7&8 Kick left forward, step left together, cross right over left

[9-16] : Chassé, ROCK BACK RECOVER, KICK BALL CROSS

- 1&2 Chassé side left, right, left
- 3-4 Rock right back, recover to left
- 5&6 Kick right forward, step right together, cross right over right
- 7&8 Kick right forward, step right together, cross right over right Restart

[17-24] : Box 1/2 R, Rock Step, Stomp Up, Step Side

- 1&2& RF to R Side, Touch LF next to RF, Make 1/4 R with LF to L Side, Touch RF next to LF
- 3&4& Make ¼ R with RF to R Side, Touch LF next to RF, LF to L side, Touch RF next to LF
- 5&6 RF Back with L kick FW, recover to LF, R Stomp Up next to LF
- 7&8 R stomp up to R side, R stomp up to R side, R stomp up next to LF
- [25-32] : Sailor Step, Sailor Step, Toe Strut $1\!\!\!/_2$ L, Toe Strut $1\!\!\!/_2$ L
- 1&2 LF behind RF, RF to R Side, LF to L Side
- 3&4 RF behind LF, LF to L Side, RF to R Side
- 5-6 Make ½ L with L toe strut FW
- 7-8 Make ½ L with R toe strut back

[33-40] : Toe Strut, Scissor Cross, Toe Strut, Rock Step, Stomp

- 1&2& L Toe Strut to L Side, R Toe Strut over LF
- 3&4 LF to L Side, Cross RF behind LF, Cross LF over RF
- 5&6& R Toe Strut to R Side, L Toe Strut over RF
- 7&8 RF to R Side, Recover to LF, R Stomp next to LF

[41-48] : Chassé ¼ L, Rock Step, Chassé ¼ R, Coster Step

- 1&2 Make ¼ R with RF to LF Side, RF to LF, LF to L Side
- 3-4 RF behind LF, Recover to LF
- 5&6 RF to R Side, LF next to RF, Make ¼ R with RF back
- 7&8 LF back, RF next to LF, LF FW

NOTA : RF = Right Foot , LF = Left Foot , FW = Forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com





墙数:2