The Yellow And Green

拍数: 64

4-6

7&8

1-2

3&4

5&6

7-8

5&6

7&8

3-6

7&8

3-4

7&8

fwd 1-2

5-6

5-6

2-3

4&5

墙数:2

级数: Intermediate

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音乐: Shotgun - George Ezra #16 count intro – approx. 8secs – 3mins 21 secs – 116bpm - No Tags Or Restarts Music available: Amazon [1-8] R fwd, L kick ball step, L fwd, R fwd rock/recover, R back lock (alternatively R shuffle back) 1-2&3 Step R forward, kick L forward, step L together, step R forward Step L forward, rock R forward, recover weight on L Step R back, lock L over R, step R back alternatively R shuffle back [9-16] ¼ L strut, ½ L shuffle, ½ L shuffle, R cross rock/recover Turning ¼ left touch L toes side, step L heel down (9 o'clock) Turning ¹/₂ left step R side, step L together, step R side (3 o'clock) Turning ¹/₂ left step L side, step R together, step L side (9 o'clock) Cross rock R over L, recover weight on L [17-24] R ball cross hold, R ball cross R side, L sailor, R sailor step fwd &1-2 Step R side, cross step L over R, hold &3-4 Step R side, cross step L over R, step R side Cross step L behind R, step R side, step L side Cross step R behind L, step L side, step R forward [25-32] L fwd, hold, R together, L fwd, R fwd, L fwd rock/recover, 1/2 L shuffle 1-2& Step L forward, hold, step R together Step L forward, step R forward, rock L forward, recover weight on R Turning ½ left step L forward, step R together, step L forward (3 o'clock) [33-40] R & L apart, R in & L cross, R side, L kick ball cross, L side, R behind-side-cross &1&2 Step R apart, step L apart, step R together, cross step L over R Step R side, kick L on left diagonal &5-6 Step L back, cross step R over L, step L side Cross step R behind L, step L side, cross step R over L [41-48] L side, touch R tog, R ball cross, R side, L touch back, unwind ³/₄ L weight on L, R together, L shuffle Step L side, touch R together &3-4 Step R back, cross step L over R, step R side Touch L behind R, turning ³/₄ left step L heel down (6 o'clock) &7&8 Step R together, step L forward, step R together, step L forward [49-57] R & L fwd syncopated rock/recovers, R fwd, ½ L pivot turn, ¼ L & R side, L behind, R side ball cross 1-2& Rock R forward, recover weight on L, step R together 3-4& Rock L forward, recover weight on R, step L together Step R forward, pivot 1/2 left (12 o'clock) 7-8&1 Turning ¼ left step R side, cross step L behind R, step R side, cross step L over R (9 o'clock) [58-64] ¼ R & R fwd, ¼ R & L side, R behind, L ball cross, ¼ L & L fwd, R fwd, ½ L pivot turn Turning ¼ right step R forward, turning ¼ right step L side (3 o'clock) Cross step R behind L, step L side, cross step R over L

Contact: Tel: 01462 735778 Email: info@thedancefactoryuk.co.uk Website: www.thedancefactoryuk.co.uk Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P