

Put Your Thang On Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Ria Vos (NL) - June 2018
音乐: Swamp Thang - The Soul of John Black : (Album: The Good Girl Blues)



Intro: 32 Counts from first beat (± 24 sec)

Step Back, Point Fwd, Look, Hips, Hitch, Coaster Step, Ball-Step, Scuff, Hitch ¼ L

1&2 Step Back on R, Point L Fwd with Bended Knee, Look Back Over R Shoulder
3-4 Roll your L Hip Twice in a circle CCW
&5&6 Hitch L, Step Back on L, Step R Next to L, Step Fwd on L
&7 Step on Ball of R Next to L, Step Fwd on L
&8 Scuff R Fwd Next to L, Hitch R Turning ¼ Turn L (9:00)

Heel Grind, Behind-Side-Cross, & Cross Press, Recover, Back Lock Back, Point Behind

1& Grind R Heel Across L, Step L to L Side
2&3 Step R Behind L, Step L to L Side, Cross R Over L (dipping down)
&4 Step L to L Side (coming up), Cross Press R Over L (dipping down)
5 Recover on L coming up Sweeping R from Front to Back
6&7 Step Back on R, Lock L Over R, Step Back on R
8 Cross Point L Behind R

Unwind ¾ L with Sweep, Jazz box with Shoulder Pushes, ¼ L Hitch, Shuffle Fwd, ½ R Shuffle Fwd

1 Unwind ¾ Turn L Stepping weight on L Sweeping R from Back to Front (12:00)
2& Cross R Over L, Step Back on L
3& Step R to R Side Popping R Shoulder to R, Step L to L Side Popping L Shoulder to L
4 Step R to R Side Turning ¼ L Hitch L (9:00)
5&6 Shuffle Fwd Stepping L-R-L Leading with Hips
7&8 ½ Turn R Shuffle Fwd R-L-R Leading with Hips (3:00)

½ R Out-Out, Knee Pop, ¼ L, ½ L, Sailor Cross ¼ Turn L, Side, Behind & Behind

&1-2 ½ Turn R Step L Back to L Side (Out), Step R to R Side (Out), Pop L Knee In (9:00)
3-4 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R
5&6 Sweep L ¼ Turn L Step L Behind R, Step R to R Side, Cross L Over R
&7 Step R to R Side, Step L Behind R (dipping down)
&8 Step R to R Side (coming up), Step L Behind R (dipping down)

Ending: You will end with count 1&2 facing 6:00 then slowly Turn ½ R to end facing 12:00

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