Put Your Thang On Me

级数: Intermediate

编舞者: Ria Vos (NL) - June 2018

音乐: Swamp Thang - The Soul of John Black : (Album: The Good Girl Blues)

Intro: 32 Counts from first beat (± 24 sec) Step Back, Point Fwd, Look, Hips, Hitch, Coaster Step, Ball-Step, Scuff, Hitch ¼ L Step Back on R, Point L Fwd with Bended Knee, Look Back Over R Shoulder Roll your L Hip Twice in a circle CCW &5&6 Hitch L, Step Back on L, Step R Next to L, Step Fwd on L Step on Ball of R Next to L, Step Fwd on L Scuff R Fwd Next to L, Hitch R Turning ¼ Turn L (9:00) Heel Grind, Behind-Side-Cross, & Cross Press, Recover, Back Lock Back, Point Behind Grind R Heel Across L, Step L to L Side Step R Behind L, Step L to L Side, Cross R Over L (dipping down) Step L to L Side (coming up), Cross Press R Over L (dipping down) Recover on L coming up Sweeping R from Front to Back Step Back on R, Lock L Over R, Step Back on R Cross Point L Behind R Unwind ¾ L with Sweep, Jazz box with Shoulder Pushes, ¼ L Hitch, Shuffle Fwd, ½ R Shuffle Fwd Unwind ³/₄ Turn L Stepping weight on L Sweeping R from Back to Front (12:00) Cross R Over L, Step Back on L Step R to R Side Popping R Shoulder to R, Step L to L Side Popping L Shoulder to L Step R to R Side Turning ¼ L Hitch L (9:00) Shuffle Fwd Stepping L-R-L Leading with Hips 1/2 Turn R Shuffle Fwd R-L-R Leading with Hips (3:00) 1/2 R Out-Out, Knee Pop, 1/4 L, 1/2 L, Sailor Cross 1/4 Turn L, Side, Behind & Behind &1-2 1/2 Turn R Step L Back to L Side (Out), Step R to R Side (Out), Pop L Knee In (9:00) 1/4 Turn L Step Fwd on L, 1/2 Turn L Step Back on R Sweep L ¼ Turn L Step L Behind R, Step R to R Side, Cross L Over R Step R to R Side, Step L Behind R (dipping down) Step R to R Side (coming up), Step L Behind R (dipping down) Ending: You will end with count 1&2 facing 6:00 then slowly Turn ½ R to end facing 12:00

Contact: dansenbijria@gmail.com





拍数: 32

1&2

3-4

&7

&8

1&

2&3

&4

6&7

5

8

1 2&

3&

5&6

7&8

3-4

5&6

&7

&8

4

墙数:4