

Please Mama Please

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Teri Rogers (USA) - August 2018
音乐: Please Mama Please - The Top Cats



Start dancing on lyrics

Shuffle Right, Rock Back, Recover, Step Left, Touch Right, Step Right, Touch Left

1&2 Step Right to right side, step left next to right, step right to right side.
3-4 Rock back on Left, Recover on Right
5-6 Step Left to Left side, Touch Right next to Left
7-8 Step Right to Right side, Touch Left next to Right

Shuffle Left, Rock Back, Recover, Step Right Touch Left, Step Left Touch Right

1&2 Step Left to Left side, Step right next to left, step left to left side
3-4 Rock back on Right, Recover on Left
5-6 Step Right to Right side, Touch Left next to Right
7-8 Step Left to Left side, Touch Right next to Left

Angle Body toward Left Front Corner and Step Slide Step Touch on Right, Angle Body Toward Right Front Corner and Step Slide Step Touch on Left

1-2 Step forward diagonally on right, slide left next to right
3-4 Step forward on Right, Touch Left toe next to right instep
5-6 Step forward diagonally on Left, slide right next to left
7-8 Step forward on Left, Touch Right toe next to left instep

Step Forward, Hold, Turn ¼ L, Hold, Rocking Chair

1-2 Step Forward on Right, Hold
3-4 Turn ¼ Left stepping forward on Left, Hold
5-6 Rock Forward on Right, Recover on Left
7-8 Rock Back on Right, Recover on Left

REPEAT

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