Let's Dance

拍数: 32   **墙数:** 2   **级数:** Beginner

编舞者: HP Low (UK) - August 2018

音乐: Let's Dance - Chris Montez : (1962)

Starts on the word "dance" when you hear "Lets dance" - (17 beats from start of vocals)

Intro Steps before main dance
Dance steps in Section 3 and 4, but without the ¼ turn to L

1-4	Swivel both heels, R-L-R-L (twist) ending with weight on L
5-8	Step R to R, step L next to R, Step R to R, step L next to R
9-12	Swivel both heels, L-R-L-R (twist) ending with weight on R
13-16	Step L to L, step R next to L, Step L to L, touch R next to L

Section 1: Right Toe Strut, Left Toe Strut, Rock, recover ¼ step Left, step fwd on R and hold

1-4	Touch R toe fwd, step R heel down, L toe fwd, step L heel down
5-8	Step R ft to the R, recover to L ft turning ¼ to L, step fwd on R and hold

Section 2: Left Toe Strut, Right toe Strut, Left Forward Mambo step, hold

1-4	Touch L toe fwd, step L heel down, R toe fwd, step R heel down
5-8	Step L fwd, recover on R, step L next to R, Hold

Section 3: Twist x4 , side, together, side, step

1-4	Swivel both heels, R-L-R-L (twist) ending with weight on L
5-8	Step R to R, step L next to R, Step R to R, step L next to R

Section 4: Twist x4, side, together, ¼ left step, brush

1-4	Swivel both heels L-R-L-R (twist) ending with weight on R
5-8	Step L to L, Step R next to L, turn ¼ to L and step on L, Brush R foot forward

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