Andante/Slowly



拍数: 32 墙数: 4 级数: Improver / Intermediate

编舞者: Helen Conroy (IRE) - August 2018 音乐: Andante, Andante - Lily James



Section 1

1-2 Step R to R-side, step L behind R,

&3&4& Step R to R-side, Fw cross step L over R, Step R to R-side, L rock back recover weight onto

R

5-6, &7&8& Repeat counts 1-8 counts of section 1 starting on Left foot

Section 2

Rock step R to R-side, recover weight onto L, Fw cross step R over L Rock step L to L-side, recover weight onto R, Fw cross step L over R

5&6,7&8 Repeat 1-4 counts of section 2

Section 3

Sway onto R foot to R-side, sway onto L foot to L-side
Step R to R-side, step L beside R, step R to R-side
Repeat 1-4 counts of section 3 starting on L foot

Section 4

1-2 R-Rock back, recover weight onto L & 1/2 turn over L shoulder

3&4 Triple step on the spot R,L,R

5-6 L-Rock back, recover weight onto R & 1/4 turn over R shoulder

7&8 L step to L-side, step R beside L, L step to L-side

End of dance

Ending: On wall 8: Dance up to Section 3 start Section 4 dance first 4 counts with 1/4 L to the front & POSE!

^{*1}st Tag on wall 4: Repeat 1-8 counts of Section 4

^{*1}st Restart on wall 5: Dance up to first 12 counts and restart

^{**2}nd Tag on wall 7: Repeat 1-8 counts of Section 4

^{***3}rd Tag on wall 8: Sway R,L,R,L,R,L and hold for 1 count (restart dance)

^{**2}nd Restart on wall 8: After 3rd Tag (sways & hold)