

I Left Something Turned On

拍数: 32 墙数: 2 级数: Newcomer
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音乐: I Left Something Turned On At Home - Trace Adkins



Intro: 32 counts, BPM 151 - No Tags, No Restarts

Section 1: Side shuffle steps right and left ending with rock step back and recover

- 1 RF step right (facing 12.00)
- & LF step right beside RF
- 2 RF step right
- 3 LF rock step back
- 4 Recover onto RF (weight on RF)
- 5 LF step left
- & RF step left beside LF
- 6 LF step left
- 7 RF rock step back
- 8 Recover onto LF (weight on LF)

Section 2: Diagonal steps forward right and left with heel bounces and claps

- 1 RF diagonal step forward right
- 2 LF step beside RF
- 3 Heel bounce with both feet and clap
- 4 Heel bounce with both feet and clap
- 5 LF diagonal step forward left
- 6 RF step beside LF
- 7 Heel bounce with both feet and clap
- 8 Heel bounce with both feet and clap

Section 3: Step forward, touch, step in place , kick forward, step back, touch, step in place, kick forward

- 1 RF step forward
- 2 LF touch behind RF
- 3 LF step in place
- 4 RF kick forward
- 5 RF step back
- 6 LF touch in front of RF
- 7 LF step in place
- 8 RF kick forward

Section 4: Shuffle steps forward, shuffle turn ½ left, steps back

- 1 RF step forward
- & LF step beside RF
- 2 RF step forward
- 3 LF step forward
- & RF step beside LF
- 4 LF step forward
- 5 RF turn ¼ left stepping right
- & LF step beside RF
- 6 RF turn ¼ left stepping back (facing 06.00)
- 7 LF step back
- 8 RF touch beside LF

Have Fun!
