The Way You Move

级数: Intermediate

编舞者: Mary Bee Friedrich (DE) - July 2018

音乐: One Kiss - Calvin Harris & Dua Lipa

Start dancing after Count 16

拍数: 32

Section A.32 counts

A.1: Rock Forward, Shuffle back, Rock back, Triple 1/2 Turn

- 1-2 RF Rock fwd., LF recover
- 3&4 RF step back, LF step lock back, RF step back (Shuffle back)
- 5-6 LF rock back, RF recover
- 7&8 LF ¼ Turn step, RF Lock, LF step back

A.2: Point R L Shoulder Shake, Coaster Step, Touch

- 1-2 RF point, R recover on L
- 3-4 LF point, L recover on R
- 5-6 LF back step, RF step back to L
- 7-8 LF step Forward, RF Touch to L

A.3: Kick Sweep Sailor ¼ Turn, Point Step L R

- 1-2& RF kick sweep with ¼ turn R
- 3&4 R step behind L, L step to L side, R step diagonal forward
- 5-6 LF Point, LF step forward
- 7&8 RF Point, RF step forward

A.4: Touch ¼ Turn Sweep, Sailor Step, Step Lock Step, Side Rock close

- 1-2 LF Touch ¼ turn Sweep to L
- 3&4 LF behind R, RF side to L, LF step forward
- 5&6 RF Step Forward, Lf recover on R, RF step forward
- 7-8 LF step L side, weight recover on R, LF close to R with weight on L

Tag 1 (six o'Clock) - after 9 X Section A = 32 Count

B.1 Side, Close, Side ¼ Turn, Hold, ¼ Turn Step, ¼ Turn Cross, Hold

- 1-2 RF step side R, LF close to R,
- 3-4 RF step turn ¼, hold
- 5-6 LF step turn 1/4 , RF step side R
- 7-8 LF cross over R, Hold

B.2 Close, Side ¼ Turn, Hold, ¼ Turn Step, ¼ Turn Cross, Hold

- 1-2 RF step side R, LF close to R,
- 3-4 RF step turn ¼, hold
- 5-6 LF step turn 1/4 , RF step side R
- 7-8 LF cross over R, Hold

B.3 Half Diamant (costumed)

- 1-2 RF step side R, LF step behind cross R
- 3-4 RF turn ¼ step back, Hold
- 5-6 LF step side L, RF step forward
- 7-8 LF turn ¼ step forward, RF step side R

B.4 Half Diamant (costumed)

1-2 LF step behind cross R, RF turn ¼ step back





墙数:2

- 3-4 LF step side L, Hold
- 5-6 RF step forward, LF turn ¼ step forward
- 7-8 RF step side R, LF close to R (on full weight)

Start Section A.... * Have fun and make some POP – Moves

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