Meraih Bintang

拍数: 48

级数: Phrased Improver

编舞者: Poppy Yusmeida (INA) - July 2018

音乐: Meraih Bintang - Via Vallen : (Official Theme Song Asian Games)

INTRO : 16 COUNTS (start on lyrics)

NO TAG

SEQUENCES : A, A, B, B, A, A, (A-), B, B, A, A

NOTE : "(A-)" .JUST DANCE PART A UP TO 15 COUNTS, AND STEP CHANGES ON COUNT '&, 8' TO 1/4L PIVOT ON LF, TOUCH RF NEXT TO LF

PART A (32 COUNTS)

A (1-8): DOROTHY R, DOROTHY L, STEP, RECOVER, PIVOT 1/4R, CROSS SHUFFLE

- 1,2, & Long step RF diagonally forward, Step LF behind RF, Step RF forward
- 3,4,& Long step LF diagonally forward, Step RF behind LF, StepLF forward
- 5,6,& step RF forward square up to 12.00, recover on LF, step RF ¼ RPivot (09.00)
- 7,&,8 Cross LF over RF, step RF to R, Cross LF over RF

A(9-16) : SYNCOPATED ROCK STEP, STEP BACK, HITCH, RECOVER, REVERSE COASTER STEP

- 1,2,& Step RF to R, Recover on LF, Step RF next to LF
- 3,4,& Step LF to L, Recover on RF, Step LF next to RF
- 5,6 Rock back on RF with hitching on LF, Recover on LF
- 7,&,8 Step forward on RF, Step LF next RF, Step back on RF

A(17-24) : LONG STEP BACK, WALK, WALK, SIDE CHASSE, 1/4R TURN SIDE CHASSE

- 1,2 Long step back on LF, Drag RF next to LF
- 3,4 Step forward on LF, Step forward on RF
- 5,&,6 Step side LF to L, Step RF next to LF, Step LF to L
- 7,&,8 Step RF to R with ¼ R turn (06.00), Step LF next to RF, Step RF to R

A(25-32) : CROSS SAMBA L, CROSS SAMBA R, L VOLTA FULL TURN

- 1,&,2 Cross LF over RF, Step RF to R, Recover on LF
- 3,&,4 Cross RF over LF, step LF to L, Reecover on RF
- 5,& Step LF forward with ¼ L turn (03.00), Step RF next to LF
- 6,& Step LF forward with ¼ L turn(12.00), Step RF next to LF
- 7,& Step LF forward with ¼ L turn(09.00), Step RF next to LF
- 8,& Step LF forward with ¼ L turn(06.00), Toe touch RF next to LF

PART B (16 COUNTS)

B(1-8) : BACK SHUFFLE R, BACK SHUFFLE L, FWD SHUFFLE R, FWD SHUFFLE L

- 1,&,2 Step back on RF, Step LF slightly over RF, Step back on RF
- 3,&,4 Step back on LF, Step RF slightly over LF, Step back on LF
- 5,&,6 Step forward on RF, Step LF slightly behind RF, Step forward on RF
- 7,&,8 Step forward on LF, Step RF slightly behind LF, Step forward on LF

B(9-16) : CROSS SHUFFLE R, CROSS SHUFFLE L, STEP SIDE R, TOGETHER, STEP SIDE L, TOGETHER

- 1,&,2 Cross RF over LF, Step LF to L, Cross RF over LF
- 3,&,4 Cross LF over RF, Step RF to R, Cross LF over RF
- 5,6 Step RF to R (open up your both arms to side with palms up).Step RF next to LF (put your arms back beside your body)
- 7,&,8 Step LF to L (open up your both arms to side with palms up),Step LF next to RF (put your arms back beside your body)





墙数:2

*KEEP SMILING N ENJOY D DANCE ... !! *

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