Familiar Thoughts

拍数: 48

级数: Improver

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墙数:2

音乐: For Now - P!nk

| Start after 48 counts (Start on second set on vocals "Ain't it something … ") | |
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| Section 1: R spiral, cross R over L, sweep L around | |
| 1-2-3 | Cross left over right, step right to right side, step left next to right |
| 4-5-6 | Cross right over left, sweep left toe around for counts 5 & 6 (12 o'clock) |
| Section 2: Cross L over R, R to R side, cross L behind R, R to R side, sweep L across R | |
| 1-2-3 | Cross left over right, right to right side, cross left behind right |
| 4-5-6 | Step right to right side, sweep left across right for counts 5 & 6 (12 o'clock) |
| Section 3: Cross L over R, step R back, L to L side, cross R over L, hitch ¼ turn R | |
| 1-2-3 | Cross left over right, step right back, step left to left side |
| 4-5-6 | Cross right over left, make a ¼ turn over right shoulder by hitching the left leg up and swinging round for counts 5 & 6 (3 o'clock) |
| Section 4: Cross L over R, R to R side, cross L behind R, big step R, drag L towards R | |
| 1-2-3 | Cross left over right, step right to right side, cross left behind right |
| 4-5-6 | Make a big step to right side, drag left towards right for counts 5 & 6 (3 o'clock) |
| Section 5: Big step L, drag R towards L, step R forward, kick L forward twice | |
| 1-2-3 | Make a big step to left side, drag right towards left for counts 2 & 3 |
| 4-5-6 | Step right forward, kick left forward twice (3 o'clock) |
| Section 6: Step L back, R back, ½ turn forward L, step R forward, kick L forward twice | |
| 1-2-3 | Step left back, step right back, make 1/2 turn over left shoulder stepping forward left |
| 4-5-6 | Step right forward, kick left forward twice (9 o'clock) |
| Section 7: Step L back, drag R towards L, Step R back, drag L towards R | |
| 1-2-3 | Step left back, drag right towards left for counts 2 & 3 |
| 4-5-6 | Step right back, drag left towards right for counts 5 & 6 (9 o'clock) |
| Section 8: ¼ turn forward L, point R to R side, step R back point L to L side | |
| 1-2-3 | Make a ¼ turn over left shoulder stepping left forward, point right to right side, hold for counts 2 & 3 |
| 4-5-6 | Step right back, point left to left side, hold for counts 5 & 6 (6 o'clock) |
| Ending: Finishes facing the 6 o'clock wall, you've danced the whole dance and instead of starting again cross the left over right and point right to right side as she says 'for now' | |

Any questions please contact either Aimee Robinson or Jordan Probbitts on:

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