

After The Rain

拍数: 32 墙数: 4 级数:
编舞者: Chris Mann (AUS) - August 2018
音乐: Ref:rain - Aimer : (Album: Ref:Rain - EP)



Start after 8 counts (approx. 6 sec), with weight on left.

[1-8] Rock forward, back, forward half turn back together, sweep, lock step, sweep

- 1-2 Rock forward on right, replace left back
- 3&4& Step right forward, turn ½ right stepping left together, step right back, left together (6:00)
- 5, 6&7, 8 Step right forward, sweep and step left forward, lock right behind left, step left forward, sweep and step right forward

[9-16] Cross, side, rock back, forward, side, coaster step (on angles), scissor step quarter turn, chasse

- 1&2 Sweep and step left across right, step right to side, turn 1/8 left and rock back on left (4:30)
- 3&4&5 Replace right forward, turn 1/8 right and step left to side (6:00), turn 1/8 right and step back on right, left beside right, right forward (7:30)
- 6&7 Turn 1/8 right and step left to side, step right beside left, step left across right (9:00)
- 8& (*) Step right to side, step left beside right

[17-24] Nightclub basic, hinge turn cross, night club basic, side, behind, quarter turn forward

- 1, 2& Step right to side, step left slightly behind right, step right across left
- 3, 4& Turn ¼ right and step left back, turn ¼ right and step right to side, step left across right (3:00)
- 5, 6& Step right to side, step left slightly behind right, step right across left
- 7, 8& Step left to side, step right behind left, turn ¼ left and step left forward (12:00)

[25-32] Pivot half, rolling turn forward, rock half turn, quarter turn, together

- 1, 2 Step right forward, turn ½ left transferring weight to left (6:00)
- 3, 4& Step right forward, turn ½ right and step left back, turn ½ right and step right forward (6:00)
- 5, 6 Rock forward on left, replace right back
- 7, 8& Turn ½ left and step left forward (12:00), turn ¼ left and step right to side, step left beside right (9:00)

[32] Repeat dance facing new wall (dance moves counter-clockwise)

Restart: On walls 3 and 7, dance up to count 16(*), then begin the dance again. (Restarts both happen to 6:00)

Bridge: On wall 10, dance up to count 16(*), then:

- 1, 2, 3, 4 Step right to side and sway hips right, hold, sway hips left, hold
- 5, 6 Sway hips right, left

Then continue the dance from count 17.

Finish: On wall 13, dance the first 6 counts, but make a full turn instead of a half turn.

This sheet is correct as of 28 August 2018 .