

Damn! (contra)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Hana Ries (USA) - September 2018
音乐: Damn! (feat. Dave Mustaine) - Brett Kissel



Start dancing on lyrics - No Tags, No Restarts.
(Read: R=right foot, L=left foot)

STOMP, STOMP, SHUFFLE FWD, STOMP, STOMP, SHUFFLE FWD

1-2 Stomp R, Stomp L
3&4 Step R forward, Step L next to R, Step R forward
5-6 Stomp L, Stomp R
7&8 Step L forward, Step R next to L, Step L forward

Note: Travel forward during this section. If danced as a contra dance you will be crossing lines.

ROCK/RECOVER, SHUFFLE ½ TURN RIGHT, ROCK/RECOVER, COASTER

1-2 Rock R forward, Recover to L
3&4 ¼ Turn right stepping R to side, Step L next to R, ¼ Turn right stepping R forward
5-6 Rock L forward, Recover to R
7&8 Step L back, Step R next to R, Step L forward

RIGHT: SIDE, TOGETHER, SIDE SHUFFLE, ROCK BACK/RECOVER, KICK-BALL-CHANGE

1-2 Step R to right, Step L next to R
3&4 Step R to right, Step L next to R, Step R to right
5-6 Rock L back, Recover to R
7&8 Kick L forward, Step ball of L slightly back, Step R in place

LEFT: SIDE, TOGETHER, SIDE SHUFFLE, ROCK BACK/RECOVER, KICK-BALL-CHANGE

1-2 Step L to left, Step R next to L
3&4 Step L to left, Step R next to L, Step L to left
5-6 Rock R back, Recover to L
7&8 Kick R forward, Step ball of R slightly back, Step L in place

REPEAT

Note: This dance can be done as a 2 wall dance. For more fun, when dancers are familiar and comfortable with steps, it can progress to a contra dance. Enjoy! ☺

Hana Ries; E-mail: hana.ries@yahoo.com