

No Fear

拍数: 32

墙数: 2

级数: Intermediate / Advanced rolling count



编舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - July 2018

音乐: The Breakup Song - Francesca Battistelli : (iTunes)

Start - 16 Count Intro

Back, Sailor Step Sweep, Sailor Cross 1/4, Run Run Run 1 Full Turn & 1/8, Step, Tap, 1/4, Rock.

- 1 Step back Left sweeping Right from front to back.
- 2&a3 Cross step Right behind Left, step Left to Left side, step Right to Right side, cross step Left behind Right as you sweep Right from front to back at the same time.
- 4&a5 Cross step Right behind Left, step Left to Left side, cross step Right across Left, make 1/4 turn to Right stepping back on Left as you slightly hitch Right knee at same time (3.00)
- 6a7 Run R-L-R making 1+1/8 Arc Circle to Right (4.30)
- 8&a1 Step forward on Left toward 4.30, tap Right toe behind Left, make 1/4 turn to Left stepping back on Right you will be facing 1.30, rock back on Left slightly lifting Right foot off floor (1.30)

Cross 1/8, 1/4, 1/4, Cross, Side, Together, Cross, 1/4, 1/2, Step, Step 1/2, 1/2, 1/4.

- 2&a3 Make 1/8 turn to Right as you cross step Right over Left, make 1/4 turn to Right stepping back on Left, make 1/4 turn to Right stepping Right to Right side, cross step Left over Right. (9.00)
- 4&a5 Step Right to Right side, step Left next to Right, cross step Right over Left, make 1/4 turn to Right stepping back on Left sweeping Right (12.00)
- 6-7 Make 1/2 turn to Right stepping forward on Right as you sweep Left. Step forward on Left as you sweep Right. (6.00)
- 8&a1 Step forward on Right, make 1/2 pivot turn to Left, make 1/2 turn to Left stepping back on Right, make 1/4 turn to Left stepping Left to Left side (3.00)

Back Rock, Side, Behind, Behind, Side, Run, Run Hitch, Back, Back, 1/2, 1/2. 1/8 Sailor Step, 1/8.

- 2&a3 Cross rock Right behind Left, recover on Left, step Right to Right side, cross step Left behind Right as you sweep Right from front to back
- 4&a5 Cross step Right behind Left, make 1/8 turn to Left Diagonal stepping forward on Left, step forward on Right, step forward on Left as you hitch Right knee up at the same time (1.30)
- 6&a7 Step back on Right, step back on Left, make 1/2 turn to Right stepping forward on Right, make 1/2 turn to Right stepping Left next to Right as you sweep Right out to side.
- 8&a1 Cross step Right behind Left, make 1/8 turn to Left stepping Left to Left side, step Right to Right side, make 1/8 to Left rocking back on Left slightly lifting Right off floor (10.30)

Run, Run, 1/4, Back, Back, 1/8, Side, 1/8, (Fallaway 1/2 Diamond) 1/8, 1/2 Hinge & Point, 1/2, 1/2, 1/2 (1/2)

- 2&a3 Step forward Right, step forward on Left, make 1/4 turn to Left stepping back on Right, step back on Left. (7.30)
- 4&a5 Step back on Right, make 1/8 turn to Left stepping Left to Left side, make 1/8 turn to Left stepping forward on Right, step forward on Left. (4.30)
- 6a7 Make 1/8 turn to Left stepping Right to Right side, make 1/2 hinge turn to Left stepping Left to Left side, point Right toe to Right side, (9.00)
- 8&a (1) Make 1/4 turn to Right stepping forward on Right, make 1/2 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right, THEN BEGIN dance again with additional 1/2 turn to Right on Count 1.. making 1/2 turn to Right stepping back on Left sweeping Right (1) (6.00)

Restart Walls Only .. 1 & 5

Dance Up To and Including Counts 8&a on Section 2,

THEN replace count 1 with a Step Back on Left sweeping Right to begin dance again (Facing 6.00)

Last Update - 19th Sept. 2018
