

Girl In The Mirror

拍数: 72 墙数: 2 级数: High Improver
编舞者: Jennie Berry (AUS) - September 2018
音乐: Girl In the Mirror - Leah Faith : (Album: Breaking Free - iTunes)



Intro 24 Count

Section 1: WALTZ FORWARD, WALTZ BACK.

- 1.2.3 Step left forward, step right together, step left together.
4.5.6 Step right back, step left together, step right together.

Section 2: STEP FORWARD ¼ TURN, WEAVE

- 1.2.3 Step left forward, step right forward turn 90 degrees left, take weight onto left.
4.5.6 Step right in front of left, step left to side, and step right behind left. (9.00)

Section 3: WALTZ FORWARD ¼ TURN, STEP BACK SLOW DRAG HOOK.

- 1.2.3 Turning 90 degrees left: step left forward, step right together, step left together.
4.5.6 Step right back, drag left towards right, hook left across right. (6.00)

Section 4: STEP SWEEP ¼ TURN, STEP FORWARD ½ TURN.

- 1.2.3 Step left forward, turning 90 degrees left, sweep right foot around over two counts.
4.5.6 Step right forward, step left forward turn 180 degrees right, step onto right. (9.00)

Section 5: FORWARD LOCK, FORWARD ROCK BACK

- 1.2.3 Step left forward, lock right behind left, step left forward.
4.5.6 Step right forward, rock back on left, step back on right. (9.00)

Section 6: BACK LOCK BACK, COASTER STEP

- 1.2.3 Step left back, lock right over left, step left back.
4.5.6 Coaster: Step right back, step left together, step right forward. (9.00)

Section 7: WALTZ FORWARD ½ TURN, WALTZ FORWARD ¼ TURN.

- 1.2.3 Step left forward, turn 180 degrees left, step right together step left together.
4.5.6 Step right back, turn 90 degrees left, step left together, step right together. (12.00)

Section 8: SAILOR STEP, SAILOR STEP

- 1.2.3 Step left behind right, step right to side step left to side.
4.5.6 Step right behind left, step left to side step right to side. (12.00)

Section 9: BEHIND SIDE IN FRONT, SLOW SIDE DRAG.

- 1.2.3 Step left behind right, step right to side step left across right. (12.00)
4.5.6 Step right to the side, drag left towards right.

Section 10: FULL TURN LEFT, SLOW SIDE DRAG

- 1.2.3 Roll 360 degrees left. LRL
4.5.6 ** Step right to side, drag left towards right. (12.00)

Section 11: WALTZ FORWARD 1/8, WALTZ BACK 1/8.

- 1.2.3 Step left forward 45 degrees left, step right together, step left together (10.30)
4.5.6 Step right back, 45 degrees step left together, step right together. (9.00)

Section 12: WALTZ FORWARD 1/8, STEP BACK 1/8, POINT HOLD.

- 1.2.3 Step left forward 45 degrees left, step right together, step left together. (7.30)

4.5.6 Step right back 45 degrees, point left to the side, hold. (6.00)

[72B] Begin again

Restart: During wall 2...Dance to beat 60** restart facing 6.00

Ending: Wall 6. Facing front....Change section 11 to waltz forward, waltz back, step forward touch....

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