Andante, Andante

级数: Intermediate Rolling Count

编舞者: Nathan Gardiner (SCO) - September 2018

音乐: Andante, Andante - Lily James : (Album: Mamma Mia! Here We Go Again)

Intro: 32 counts	
Cross, Cross, Side R, Rock Back, Recover, ¼ R, ¼ R, Cross, ¼ L, Rock Back, Recover, ½ R	
1	Cross R over L sweeping L from back to front
2a3	Cross L over R, Step R to R side, Rock back on L
4a5	Recover on R, ¼ R stepping back on L, ¼ R stepping R to R side
6a7	Cross L over R, ¼ L stepping back on R, Rock back on L
8a	Recover on R, ½ R stepping back on L
Walk Back R & L with Sweeps, Coaster Step, Ball, Step Pivot ½ L, ½ L, ¼ L, Cross Rock, Recover	
1-2	Step back on R sweeping L from front to back, Step back on L sweeping R from front to back
3a4a	Step back on R, Step L next to R, Step forward on R, Step L next to R
5-6	Step forward on R, Pivot ½ L
7a8a	$\frac{1}{2}$ L stepping back on R, $\frac{1}{4}$ L stepping L to L side, Cross rock R over L, Recover on L
Side R, Behind Side Cross, Cross, Side L, Behind, Behind, ¼ R, Step Pivot 1/4 R	
1	Step R to R side
2a3	Step L behind R, Step R to R side, Cross L over R sweeping R from back to front
4a5	Cross R over L, Step L to L side (restart point on wall 4), Step R behind L sweeping L from front to back
6a	Step L behind R, ¼ R stepping forward on R
7-8	Step forward on L, Pivot ¼ R
Cross Rock, Recover, Sway L, R, L, Run ½ R with Sweep, Cross Rock, Recover, ¼ L, ½ L, ¼ L	
&a	Cross rock L over R, Recover on R
1-2-3	Step L to L side swaying to L side, Sway to R side, Sway to L side
4a5	$\frac{1}{4}$ R stepping forward on R, Step L next to R, $\frac{1}{4}$ R stepping forward on R sweeping L from back to front
6-7	Cross rock L over R, Recover on R
8&a	$\frac{1}{4}$ L stepping forward on L, $\frac{1}{2}$ L stepping back on R, $\frac{1}{4}$ L stepping L to L side
Restart: On wall 4 dance 20a counts then restart the dance	

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拍数: 32

墙数:2