

High With Somebody

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Anna Oldberg (SWE) - August 2018
音乐: High With Somebody - Sandro Cavazza & P3GI-13



Intro: none!!!*

(1) 1* – 8& Side, Sailor step, Hitch, Hitch ¼, Coaster step, Lock step

- 1, 2&3 Step Rf firmly to right side (1), step Lf behind Rf (2), step Rf to right side (&), step Lf to left side (3) 12:00
- 4, 5 Hitch right knee (4), turn ¼ right hitching right knee again (5) – use the knee movement to turn more easily.

Choreographer note: this is really 2 hitches, lowering right knee slightly between the first and the second. 3:00

- 6&7&8& Step Rf back (6), step Lf next to Rf (&), step Rf forward (7), step Lf forward (&), step/lock Rf behind Lf (8), step Lf forward (&) 3:00

(2) 1 – 8&1 Step, Pivot ¼, Cross, ¼, ¾, Vine into Weave

- 1, 2&3 Step Rf forward (1), step Lf forward (2), turn ¼ right stepping down on Rf (&), cross Lf over Rf (3) 6:00
- 4, 5 Turn ¼ left stepping Rf back (4), turn ¾ left stepping forward on Lf (5).

Choreographer note: for count 5 step down on Lf ½ turn, then turn another ¼ left on Lf 6:00

- 6&7&8&1 Step Rf to right side (6), step Lf behind Rf (&), step Rf to right side (7), cross Lf over Rf (&), step Rf to right side (8), step Lf behind Rf (&), step Rf to right side, body slightly angled towards the right diagonal (1) - 6:00

(3) 2 – 8 Cross samba, Sway, Sway, Cross shuffle, Side, ¼

- 2&3 Cross Lf over Rf (2), rock Rf to right side (&), recover on Lf (3) 6:00
- 4, 5 Sway your hips to the right (4), sway your hips to the left; body slightly angled towards the left diagonal (5).

Choreographer note: there is no time for big and smooth sways, they are more "bump-like". 6:00

- 6&7&8 Cross Rf over Lf (6), step Lf slightly to left side (&), cross Rf over Lf (7), step Lf slightly to left side (&), turn ¼ right stepping down on Rf (8).9:00

(4) &1 – 8&** Rock, Recover and Hitch, Weave, Point, Close, Kick, Close, Kick, Close, Point, ¼

- &1, 2, 3, 4 Rock Lf forward (&), recover on Rf while hitching left knee towards left diagonal (1), cross Lf behind Rf (2), step Rf to right side (3), cross Lf over Rf (4) 9:00
- 5&6&7&8& ** Point Rf to right side (5), step Rf next to Lf (&), kick Lf forward (6), step Lf next to Rf (&), kick Rf forward (7), step Rf next to Lf (&), point Lf to left side (8), turn ¼ left stepping down on Lf next to Rf (&).

****Restart here on walls 3 and 5 - 6:00**

(5) 1 – 8&1 Step, Anchor step, Back, ¼, Right Heel Swivel, Left Heel Swivel, Sailor step

- 1, 2&3, 4, 5 Step forward on Rf (1), rock back on Lf (2), recover on Rf (&), recover/step down on Lf (3), step back on Rf (4), turn ¼ left stepping Lf slightly to left side and let Rf follow by lifting toes of Rf (like a "toe- swivel") turning ¼ left (5) 3:00
- 6&7&8&1 Turn/Swivel right heel in (6), turn/swivel back to center and step down on Rf (&), turn/swivel left heel in (7), turn/swivel back to center and step down on Lf (&), step Rf behind Lf (8), step Lf slightly to left side (&), step Rf slightly to right side (1) 3:00

(6) 2 – 8&1 Sailor step, Out, Out, Floss

- 2&3, 4, 5 Step Lf behind Rf (2), step Rf to right side (&), step Lf to left side (3), step Rf forward towards right diagonal (4), step Lf forward towards left diagonal (5) 3:00

6&7&8&1 From left side/diagonal; pull your arms towards you on each side of your body/hips while bumping your hips to the left (6), push your arms back towards the left side/diagonal while bumping your hips to the right (&), move your straight arms in front of you to the right side/diagonal while bumping your hips to the left (7), from right side/diagonal; pull your arms towards you on each side of your body/hips while bumping your hips to the right (&), push your arms back towards the right side/diagonal while bumping your hips to the left (8), move your straight arms in front of you to the left side/diagonal while bumping your hips to the right (&), from left side/diagonal; pull your arms towards you on each side of your body/hips while bumping your hips to the left putting weight on your Lf (1)

Choreographer note: for correctly performed flossing: your arms should be straight, and your hands should be in a fist

Easier options: Jump in and out 3 times, one foot at a time, start with Lf in, and end with Lf stepping down slightly forward. Or, simply just do the arms OR the bumps. Make sure your weight is on the Lf on count 1 - 3:00

(7) 2 – 8& Chase $\frac{3}{4}$, Weave, Jazz box *2

2&3, 4, 5 Step Rf forward (2), turn $\frac{1}{2}$ left stepping down on Lf (&), turn another $\frac{1}{4}$ left stepping Rf to right side (3), step Lf behind Rf (4), step Rf to right side (5) 6:00

6&7&8& Cross Lf over Rf (6), step Rf back (&), step Lf to left side (7), cross Rf over Lf (&), step Lf back (8), step Rf to right side (&) - 6:00

(8) 1 – 8& Cross rock, Recover, Side rock, Recover, Pony step, Touch, Pony step, Close

1, 2, 3, 4 Cross rock Lf over Rf (1), recover on Rf (2), rock Lf to left side (3), recover on Rf (4) 6:00

5&6&7&8& Step Lf back as you hitch right knee slightly (5), step Rf next to Lf (&), step Lf back as you hitch right knee slightly (6), touch Rf next to Lf (&), step Rf back as you hitch left knee slightly (7), step Lf next to Rf (&), step Rf back as you hitch left knee slightly (8), step Lf next to Rf (&) 6:00

General choreographer note: the dance is fast, take small steps!!

*** There is No Intro, the dance starts immediately. To simplify, either skip the first count and start from the sailor step, your weight needs to be on Rf (count 1), or, perhaps even easier, start on the first hitch (count 4), weight should then be on your Lf.**

**** Restart: After section 4 on walls 3 and 5 (facing 6 o'clock both times)**

Ending: On the last wall, dance the entire first section (8&), then turn $\frac{1}{4}$ left, stepping down on Rf
