

Southbound

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Guylaine Bourdages (CAN) - September 2018
音乐: Southbound - Carrie Underwood : (Album: Cry Pretty)



Intro: 8 counts

SECTION 1 [1-8] Walk Forward R-L, Mambo Step RF forward with an heel slide LF, LF back, RF Coaster Triple Step

1-2 Walk Forward RF (1), LF(2)
3&4 RF Forward (3), Recover on LF (&), RF back and slide Left Heel (4)
5-6& LF back (5), RF back(6), LF beside RF (&)
7&8 RF Forward(7), LF beside RF (&), RF Forward (8)

SECTION 2 [9-16] LF Forward, 1/4 L and Point RF to right, 1/4 L and Point RF to right, RF Forward, LF Mambo Step Forward and Hitch, RF Coaster Step

1-4 LF Forward (1), 1/4L Point RF to right (2) (9H), 1/4L Point RF to right (3), RF Forward(4) (6H)
5&6 LF Forward (5), Recover on RF (&), LF Back and Hitch Right Knee (6)
7&8 RF back (7), LF beside RF (&), RF Forward (8)

SECTION 3 [17-24] LF Forward, Point RF to Right, RF Forward, Rock Step LF to left, Cross & Back, & (Total 3/4 L), Cross Shuffle LRL

1-2 LF Forward (1), Point RF to right (2)
3&4 RF Forward (3), LF to left (&), Recover on RF(4)
5&6& LF cross in front of RF (5), RF to right (&),LF cross behind RF (6), RF to right (&) (total 3/4L) (9H)
7&8 LF cross in front of RF (7), RF to right (&),LF cross in front of RF (8)

SECTION 4 [25-32] Rock Step RF to right, Rock Step RF cross in front, Rock Step RF to right, Rock Step RF cross Behind LF, Big Step RF to right , Slide L heel, & Cross Shuffle

1&2& RF to right (1), Recover on LF (&), RF cross in front of LF (2), Recover on LF (&)
3&4& RF to right (3), Recover on LF (&), RF cross behind LF (4), Recover on LF (&)
5-6 Big Step RF to right (5), Slide Left Heel (6)
&7&8 LF beside RF (&), RF cross in front of RF (7), LF to left (&),RF cross in front of RF (8)

SECTION 5 [33-40] Walk Forward L-R with 1/2L, Rock Step LF forward, LF back, 1/2R RF Forward, Triple Step Forward LRL

1-4 Walk Forward L-R (1-2) with 1/2L, LF Forward (3), Recover on RF (4) (3H)
RESTART: ON WALL 3 (starting at 6H), LF beside RF and start again (You will then be facing 9H)
5-6 LF back (5), Pivot 1/2R and RF forward (6) (9H)
7&8 LF Forward (7), RF beside LF (&), LF Forward (8)

SECTION 6 [41 -48] RF Rock Step Forward, RF Coaster Step, Walk R,L Triple Step FULL TURN

1-2 RF Forward (1), Recover on LF (2)
3-4 RF back (3), LF beside RF (&), RF Forward (4)
5-8 Walk Forward LF (5), RF (6) (Start to turn Left) etand Triple Step LRL On place with Full Turn Left (7&8) (9H)

-RESTART: ON WALL 3 (starting at 6H) Dance the 36 first counts and, after the rock step,put LF beside RF and start again - You will be facing 9H

**- FINAL Wall7 Starting face to 12H... At the end replace the FULL turn by 3/4L to finish face to 12H
THANK YOU to dance my choreographies and to add them to your playlists .. That's the best gift that a choreographer can receive**

