

Mamma Mia Here We Go Again

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Beginner
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音乐: Mamma Mia - ABBA



Intro: 32 counts

Restart - wall 3 (after section 5)

Section 1: WALK FORWARD RLR KICK L, WALK BACK LRL TOUCH R NEXT TO L

1 2 3 4 Walk forward RLR kick L
5 6 7 8 Walk back LRL touch R next to L

Section 2: WALK FORWARD RLR KICK L, WALK BACK LRL TOUCH R NEXT TO L

1 2 3 4 Walk forward RLR kick L
5 6 7 8 Walk back LRL touch R next to L

Section 3: GRAPEVINE R, GRAPEVINE L WITH ¼ TURN L

1 2 3 4 Step R to R side, step L behind R, step R to R side touch L next to R
5 6 7 8 Step L to L side, step R behind L, step L to L side making ¼ turn L (facing 9 o'clock)

Section 4: V STEP X 2 'OUT, OUT, IN, IN,

1 2 3 4 Step forward and out on R and L, step back and in on RL
5 6 7 8 Step forward and out on R and L, step back and in on RL

Section 5: STEP FORWARD HIP BUMPS, STEP BACK HIP BUMPS

1 2 3 4 Step forward on R, step L to side, bump hips LR
5 6 7 8 Step back on L, step R to side, bump hips RL

*** RESTART HERE 3RD WALL**

Section 6: SLIDE R, HOLD, ROCK RECOVER, SLIDE L HOLD, ROCK RECOVER

1 2 3 4 Slide R to R side Hold for 1 count, rock back on L recover on R
5 6 7 8 Slide L to L side Hold for 1 count, rock back on R recover on L

Optional arms – lift both arms out to side as slide R and L

Section 7: CHARLESTON STEP X 2

1 2 3 4 Step R forward, kick L forward, step back on L touch R next to L
5 6 7 8 Step R forward, kick L forward, step back on L touch R next to L

Section 8: KICK, KICK TRIPLE STEP X 2

1 2 3&4 Kick R foot forward twice, step RLR in place
5 6 7&8 Kick R foot forward twice, step RLR in place

START OVER

RESTART *Restart 3RD wall after section 5 (hip bumps RL)

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