Bright Lights And Country Music



拍数: 64 编数: 4 级数: Easy Intermediate

编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - October 2018

音乐: Bright Lights and Country Music - Olivia Douglas



Workshop 07 oktober 2018

Intro: 32 Counts

Sec 1: Cross, 1/4 Turn R, R Chasse, Cross, 1/4 Turn L, L Chasse

1-2 RF. Cross over LF - LF. 1/4 Turn R step back (3:00)
3&4 RF. Step side - LF. Step together - RF. Step side
5-6 LF. Cross over RV - RF. 1/4 Turn L step back (12:00)
7&8 LF. Step side - RF. Step together - LF. Step side

Sec 2: Cross Rock, Recover, Side Rock, Recover, Cross Behind, Step Side, Cross Shuffle

1-2-3-4 RF. Cross rock over LF - LF. Recover - RF. Side rock - LF. Recover

5-6 RF. Cross behind LF - LF. step side

7&8 RF. Cross over LF - LF. step side - RF. Cross over LF

Sec 3: Step Side, Kick Diag, Together, Touch, 1/4 L, Step Side, Kick Diag, R Chasse

1-2-3-4 LF. Step side - RF. Kick diagonal over LF - RF. Step side - LF. Touch toe beside RF

5-6 LF. 1/4 Turn L step side - RF. Kick diagonal over LF (9:00)

7&8 RF. Step side - LF. Step together - RF. Step side

Sec 4: Back Cross Rock, Recover, L Chasse, Back Rock, Recover, Kick-Ball-Step

1-2 LF. Cross rock behind RF - RF. Recover

3&4 LF. Step side - RF. Step together - LF. Step side

5-6 RF. Rock back - LF. Recover

7&8 RF. Kick fwd - RF. Step together - LF. Step fwd **Tag** Do the 4 count tag, and then

continue with the dance

Sec 5: Step Fwd, 1/4 Turn L, Step Fwd, 1/4 Turn L, Cross, Point, Cross Point

1-2-3-4 RF. Step fwd - 1/4 Turn L - RF. Step fwd - 1/4 Turn L (3:00)

5-6-7-8 RF. Cross over LF - LF. Point toe to L side - LF. Cross over RF - RF. Point toe to R side

Sec 6: Rock Fwd, Recover, Coaster Step, Rock Fwd, Shuffle 1/2 Turn L

1-2 RF. Rock fwd - LF. Recover

3&4 RF. Step back - LF. Step together - RF. Step fwd

5-6 LF. Rock fwd - RF. Recover

7&8 Shuffle 1/2 turn L Stepping L,R,L (9:00)

Sec 7: Step Fwd, Lock, Step-Lock-Step, 1/4 Turn L Step Fwd, Lock, Step-Lock-Step

1-2 RF. Step fwd - LF. Lock behind RF

3&4 RF. Step fwd - LF. Lock behind RF - RF. Step fwd
5-6 LF. 1/4 Turn L step fwd - RF. Lock behind LF (6:00)
7&8 LF. Step fwd - RF. Lock behind LF - LF. Step fwd

Sec 8: Step Fwd, 1/2 Turn R, Coaster Step, Step Fwd, 1/4 Turn L, Coaster Step

1-2 RF. Step fwd - LF. 1/2 Turn R step back (12:00)
3&4 RF. Step back - LF. Step together - RF. Step fwd
5-6 LF. Step fwd - RF. 1/4 Turn L step back (9:00)
7&8 LF. Step back - RF. Step together - LF. Step fwd

Start Again

TAG: In the 2nd wall (6:00) and the 5th wall (9:00)
Dance up to count 32 then do the 4 count tag and continue with the dance (count 33)
Rocking Chair

1-2-3-4 RF. Rock fwd - LF. Recover - RF. Rock back - LF. Recover

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