

His Missing Heart

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数:
编舞者: Linda Pink (AUS) & Gordon Elliott (AUS) - October 2018
音乐: His Missing Heart (Jigsaw Puzzle) - Jessica Meuse : (Album: Halfhearted)



Original Position: Feet Together Weight On The Left Foot.
This dance is done in FOUR directions. Introduction : 16 Beats

SWEEP FORWARD, SWEEP FORWARD, COASTER FORWARD, SWEEP BACK, SWEEP BACK, 1/4 TURN SAILOR

1, 2 Sweep To Step R Forward, Sweep To Step L Forward,
3 & 4 Coaster : Step R Forward, Step L Together, Step R Back,
5, 6 Sweep To Step L Back, Sweep Step R Back,
7 & 8 Turn 90° Left Sailor Step : L-R-L. (9.00)

FORWARD, ROCK-1/2 FORWARD-FORWARD, ROCK & PIVOT TURN, PIVOT TURN

1, 2 & Step R Forward, Rock Back Onto L, Turn 180° Right Step R Forward,
3, 4 & Step L Forward, Rock Back Onto R, Step L Together,
5, 6 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L,
7, 8 Pivot : Step R Forward, Turn 180° Left Take Weight Onto L. (3.00)

ACROSS-SIDE-BEHIND-SWEEP-BEHIND-SIDE-ACROSS, 1/4 BACK, 1/2 FORWARD, MAMBO FORWARD

1 & Step R Across In Front Of Left, Step L To The Side,
2 & Step R Behind Left, Sweep L Toe To The Side,
3 & 4 ## Step L Behind Right, Step R To The Side, Step L Across In Front Of Right,
5, 6 Turn 90° Left Step R Back, Turn 180° Left Step L Forward,
7 & 8 Step R Forward, Rock Back Onto L, Step R Back. (6.00)

SAILOR STEP, SAILOR STEP, 1/4 BACK, ROCK, TRIPLE FORWARD

1 & 2 Sailor : Step L Behind Right, Step R To The Side, Step L To The Side,
3 & 4 Sailor : Step R Behind Left, Step L To The Side, Step R To The Side,
5, 6 Turn 90° Left Step L Back, Rock Forward Onto R,
7 & 8 Travel Forward Turning 360° Right Triple Step : L-R-L. (3.00)

[32] REPEAT THE DANCE IN NEW DIRECTION

RESTART : On WALL 5 dance to BEAT 20 (##) and RESTART facing the 3.00
(Listen to music for timing)

ENDING : Listen to the music and keep dancing right until the end of the song to finish with THREE sweeps forward to end.