

# It's 3 am AGAIN...

**COPPER KNOB**  
STEPSHEETS

拍数: 48                      墙数: 4                      级数: Beginner  
编舞者: Val Saari (CAN) - October 2018  
音乐: 3 AM - Meghan Trainor



## **S:1 SIDE TOE-STRUTS R, SCISSOR STEP, SIDE TOE-STRUTS L, SCISSOR STEP**

1&2&                      Touch RF toes to right side, Step RF heel down, Touch LF toes beside RF, Step LF heel down  
3&4                        Rock RF right, Recover LF, Cross RF over L, hold  
5&6&                      Touch LF toes to left side, Step LF heel down, Touch RF toes beside LF, Step RF heel down  
7&8                        Rock LF left, Recover RF, Cross LF over R, hold

## **S:2 SHUFFLE FWD, RLR, LRL, RF PIVOT 1/4 L X 2**

1&2                        Step RF forward, Step LF beside R, Step RF forward  
3&4                        Step LF forward, Step RF beside L, Step LF Forward  
5-6                        Step RF forward, Pivot 1/4 L (weight on LF)  
7-8                        Step RF forward, Pivot 1/4 L (weight on LF)

## **S:3 WALK FORWARD, MAMBO RIGHT, WALK BACK, MAMBO LEFT**

1-2                        Walk forward, RF, LF  
3&4                        Rock to right side on RF, Recover LF, Step RF beside L  
5-6                        Walk back, LF, RF  
7&8                        Rock to left side on LF, Recover RF, Step LF beside R

## **S:4 SCISSORS FORWARD X 2, STEP-PIVOT 1/2 L, KICK BALL CHANGE**

1&2                        RF Step R, LF Recover, RF crosses LF and Hold (push and cross)  
3&4                        LF Step L, RF Recover, LF crosses RF and Hold (push and cross)  
5-6                        Step RF forward, Pivot 1/2 turn left (weight on left)  
7&8                        Kick RF forward, Step RF together, Step LF together

## **S:5 VINE RIGHT, SYNCOPATED SCISSORS/ VINE LEFT, SYNCOPATED SCISSORS**

1-2                        Step RF to right side, Step LF behind R  
3&4                        Rock RF to right side, Recover LF, Cross RF over left  
5-6                        Step LF to left side, Step RF behind L  
7&8                        Rock LF to left side, Recover RF, Cross LF over right

## **S:6 LINDY RIGHT PIVOT 1/4 L, LINDY LEFT**

1&2                        Shuffle right, RLR  
3-4                        Rock back on LF pivot 1/4 L, Recover on RF  
5&6                        Shuffle left, LRL  
7-8                        Rock back on RF, Recover on LF

**REPEAT - No Tags, No Restarts**

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