So She Dances

COPPER KNOB STEPSHEETS

拍数: 48   **墙数:** 4   **级数:** Intermediate (Slow Viennese Waltz)

编舞者: Nancy Greene (CAN) - September 2018

音乐: So She Dances - Josh Groban : (Album: Awake)

Count in: 48 beats intro, start on vocals (approx 25 seconds from start of track)
**2 Restarts & one 3 beat Tag

S1 [1 - 12] 1/2 turn L fwd Basic, Full turn R Progressive fwd Basic, L Twinkle, Cross, Hitch

1,2,3	Step L fwd (1), 1/2 turn L stepping R slightly back (2), Step L beside R (3) 12:00
4,5,6	Step R fwd (4), 1/2 turn R stepping L back (5), 1/2 turn R stepping R fwd (6) (or fwd Basic) 6:00
1,2,3	Cross L over R (1), Slight 1/8 turn to L Step R back (2), Step L beside R (3) 4:30
4,5,6	Step R to L diagonal (4), Turn 1/8 R as you Lift L toe to R knee (5) and Hold there (6) 6:00

************ RESTART HERE DURING WALL 4 (while facing 3:00) ************

S2 [13 - 24] Diamond Fallaway, 5/8 Sweeping Turn L, Cross, Side Rock, Recover

1,2,3	1/8 turn R stepping L fwd (1), 1/8 turn L stepping R to R (2), 1/8 turn L stepping L back (3) 4:30
4,5,6	Step R back (4), 1/8 turn L stepping L to L (5), 1/8 turn L stepping R fwd (6) 1:30
1,2,3	1/8 turn L Step L fwd (1), keeping weight on L continue 1/2 turn L sweeping R back to front (2, 3) 6:00
4,5,6	Cross R over L (4), Rock L to L side (5), Recover weight to R (6) 6:00

S3 [25 - 36] 1/8 R, Flick, Flick, Back/Sweep, Weave R, Step Side w Drag/Sweep

1,2,3	Step L to R diagonal (1), Flick R foot fwd (2), draw R foot inward a bit & Flick fwd again (3) 7:30
4,5,6	Step R behind L (4), 1/8 turn L Sweeping L front to back (slightly off floor if you can) (5, 6) 6:00
1,2,3	Step L behind R (1), Step R to R side (2), Step L across R (3) 6:00
4,5,6	Step R to R (4), Drag L to R ankle (5), then draw L to R diagonal & sweep to L (6) 6:00

S4 [37 - 48] 1 1/4 Turn L, Full Turn R, Fwd Basic, Step R back, Point & Twist R

1,2,3	1/4 turn L stepping L fwd (1), 1/2 turn L stepping R back (2), 1/2 turn L stepping L fwd (3) 3:00
4,5,6	Step R fwd (prep) (4), 1/2 turn R stepping L back (5), 1/2 turn R stepping R fwd (6) 3:00

*Easier Turning Option for beats 37 - 42: = 1 1/4 Turn L , over 2 progressive turns - 3/4 L & 1/2 L
*1,2,3 1/4 turn L stepping L fwd (1), 1/4 turn L stepping R to R (2), 1/4 turn L stepping L back (3) 9:00
*4,5,6 Step R back (4), 1/4 turn L stepping L to L (5), 1/4 turn L stepping R fwd (6) 3:00
*********** RESTART HERE DURING WALL 7 (while facing 12:00) after music fade to bells

1,2,3	Step L fwd (1), Step R beside L (2), Step L Beside R (3) 3:00
4,5,6	Step R back (4), Point L fwd as you twist the upper body to R & lean back slightly (prep) (5, 6) 3:00

Restart Wall 4 (Starts at 9:00) - Restart after 12 counts (while facing 3:00)
Restart Wall 7 (Starts at 9:00) - Restart after 42 counts (while facing 12:00). This makes 4 turns in a row
During Wall 7 the music softens & fades briefly around beat 25 - 36. Keep counting during drag/sweep. The first 1 1/4 turn R towards 12:00 falls on 3 bell notes (37-39) and the 2nd full turn L falls on the words " When I - close - my" (40-42). Restart on "Eyes".
If you find this Restart tough, I suggest substituting the Easier Turning Option, leading up to it. It is a little less rushed feeling.
This may also help make it feel Unique and therefore easier to distinguish from the usual pattern.

Tag (3 beats): At the end of Wall 8 (facing 3:00) - Developé (1, 2, 3)

Keeping weight solidly on R, drag the L foot to R ankle(1), Raise L foot to R Shin (2), Bend R leg slightly as you extend L Leg fwd (whatever height you can) while leaning back slightly (3). You will "fall" fwd onto L to Restart the dance.

Ending: The dance ends 6 counts into Wall 12 (2nd time returning to 12:00). So do Beats 1, 2, 3 as usual, which makes a ½ turn to 6:00. Make another 1/2 turn L stepping R back (4) Hold as you open your arms (5,6)

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