Ridin' Free

拍数: 40

级数: Intermediate

编舞者: W3 (UK) - October 2018

音乐: Riding Free (Spirit: Riding Free) - Maisy Stella

INTRO: 16 COUNTS

S1: Extended Shuffle forward, 4 Scoots Back

- 1&2& Forward L, Close Ball of R to L, Forward L, Close Ball of R to L
- 3&4 Forward L, Close Ball of R to L, Forward L,
- &5&6 Scoot back L hitching R Knee, Step back R, Scoot back R hitching L Knee, Step back L
- &7&8 Scoot back L hitching R Knee, Step back R, Scoot back R hitching L Knee, Step back L

S2: Vaudeville x 2, Step 1/2L , Close 1/4L

- &1&2 Side R, Tap L Heel, Step L in place, Cross R over L
- &3&4 Side L, Tap R Heel, Step R in place, Step forward L
- 56 Step forward R, 1/2Turn L
- 7&8 Close R to L making ¼ turn L, Jump up, Land on both feet (L slightly forward)

S3: Hitch R, ½ turn R, Sailor Step, Cross Shuffle, Side R, Side L (with 1/4L turn)

- 12 Hitch R, ¹/₂ turn R whilst Hitching R again
- 3&4 Cross R Behind L, Step L to L side, Step R to R side
- 5&6 Cross L over R, Step ball of R in place, Cross L over R
- 78 Step R to R side (Slapping thighs down), ¼ turn L whilst stepping L to L side (Slapping thighs up)

S4: 1/4 turn L into Dorothy steps, Step 1/2L, 1/4L, Touch L Behind

- 12& 1/4 turn L stepping R forward into diagonal (4:30), Lock L behind R, Step R in place
- 34& Step L forward into diagonal (1:30), Lock R behind L, Step L in place
- 56 Step forward R (9:00), 1/2 turn L
- 78 1/4L stepping R to R side, Tap L behind R (locking down to R)

S5: Turning Shuffle Box

- 1&2 Step L to L side, Close R to L, Step L to L side
- 3&4 ¼ turn R stepping R to R side, Close L to R, Step R to R side
- 5&6 ¼ turn R stepping L to L side, Close R to L, Step L to L side
- 7&8 ¼ turn R stepping R to R side, Close L to R, Step R to R side (adding ¼ turn R to start next wall)

Repeat S5 after walls 2 and 4

Enjoy

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墙数: 2