Like Paradise

拍数: 32

级数: Improver

编舞者: Bambang Satiyawan (INA) - November 2018

音乐: Paradise - Sade

Start dance on vocal,

I.WALK-SYNCOPATED OUT OUT IN IN-WALK-BACK LOCK SHUFFLE

- 1 2 Step R forward, Step L forward
- &3&4 Step R to side, Step L to side, Step R inside, Step L inside
- 5-6 Step R forward, Step L forward (weight full on L, preparing to push back)
- 7 & 8 Step R back, Lock L over R, Step R back

II.TURN-TURN-SAILOR STEP-SWAY-BOTA FOGO

- 1 2 Turn ½ left Step L forward, Turn ½ Step R back and Sweep L
- 3 & 4 Cross L behind R, Step R to side, Step L to side (push your L hip)
- 5-6 Sway your hip to Right, Left
- 7 & 8 Cross R over L, Ball L to side, Step R in place

III.CROSS-TURN AND SWEEP-COASTER STEP-PIVOT-CROSS SHUFFLE

- 1 2 Cross L over R, Turn ¼ left Step R back and Sweep L
- 3 & 4 Step L back, Close R beside L, Step L forward
- 5 6 Step R forward, Turn ¼ left Step L in place
- 7 & 8 Cross R over L, Step L to Side, Cross R over L

IV.SIDE ROCK RECOVER-TURN AND SWEEP-SAILOR STEP-MODIFIDE JAZZBOX-SIDE TOUCH

- 1 2 Rock L to side, Recover on R Turning ¼ left and Sweep L
- 3 & 4 Cross L behind R, Step R to side, Step L to side
- 5 6& Cross R over L, Step L back, Step R to side
- 7 8 Step L forward, Touch R to side

NO TAG, NO RESTART ...

Enjoy the dance..

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