## Madu \＆Racun（Chinese Easy Version）

拍数： 64
壇数： 1
级数：High Intermediate
编舞者：KH Loh（MY）－November 2018
音乐：Qing Ge Li De Ni（情歌裡的你）（DJ版）－Wang Feng（王峰）

Intro：32c from strong beat
Sequence of dance：i32，64，48，32，48，64，64，16， 48
Intro Dance Steps－32c
iSec 1：Step L Back，Recover，L Fwd Shuffle，Touch Fwd，Replace，Point L，Replace，Point R
12 Step Back L，Recover on R

3\＆ 4 L Fwd Shuffle－LRL
5 Touch R Fwd
$6 \quad$ Step Back $R$ \＆Point $L$ to $L$
78 Step L next to R，Point R to R
iSec 2：R Cross L，Recover，Shuffle R，L Cross R，Recover，Shuffle L
$12 \quad R$ Cross L，Recover on L
3 \＆ $4 \quad$ Shuffle R－RLR
$56 \quad$ L Cross R，Recover on R
7 \＆ $8 \quad$ Shuffle L－LRL
iSec 3：Touch R Fwd，Hitch R，F Fwd Shuffle，Touch L Fwd，Hitch L，L Fwd Shuffle
12 Touch R toe Fwd，Hitch R
34 R Fwd Shuffle－RLR
56 Touch L toe Fwd，Hitch L
7 \＆ 8 L Fwd Shuffle－LRL
iSec 4：Step R Fwd $1 / 4$ turn R，Step L Fwd $1 / 4$ turn R，Shuffle $1 / 2$ turn R，Cross Mambo－L\＆R
12 Step R Fwd with $1 / 4$ turn R，Step L Fwd with $1 / 4$ turn R（ 6：00）
3 \＆ $4 \quad$ Shuffle $1 / 2$ turn R－RLR（12：00）
5 \＆ 6 Cross L over R，Recover on R，Step L to L
7 \＆ $8 \quad$ Cross R over L，Recover on L，Step R to R
MAIN DANCE－64c
Sec 1：L Cross R，Rec，Step L to L，Rec，L Cross R，Rec，Shuffle L
12
L Cross R，Recover on R
34 Step L to L，Recover on R
56 L Cross R，Recover on R
7 \＆ $8 \quad$ Shuffle L－LRL
Sec 2：Mirror Sec 1 with opposite Leg
Sec 3：Sway LRLR，Step L to L，Recover，L Coaster Cross
12 Sway L，Sway R
34 Sway L，Sway R
56 Step L to L，Recover on R
7 \＆ 8 Step L Behind R，Step R to R，L Cross R
Sec 4：Fwd R，Recover，Shuffle Back RLR，Rock Back L，Recover，L Fwd Shuffle
12 Step R Fwd，Recover on L
3 \＆ 4 Shuffle Back－RLR
56 Rock Back L，Recover on R

Sec 5: Cross R, Point L, Cross L, Point R, R Cross L, Recover, Shuffle $1 / 2$ turn R
12 R Cross L, Point $L$ to $L$
34 L Cross R, Point R to R
$56 \quad$ R Cross L, Recover on L
7 \& $8 \quad$ Shuffle $1 / 2$ turn R - RLR (6:00)
Sec 6: L Side Rock, Recover, L Cross Behind R, Point R to R, R Cross L, Recover, Shuffle $1 ⁄ 2$ turn R
12 Step L to L, Recover on R
34 L Cross Behind R, Point R to R
$56 \quad R$ Cross $L$, Recover on $L$
7 \& $8 \quad$ Shuffle $1 / 2$ turn R - RLR (12:00 )
Sec 7: L Side Rock, Recover, L Cross Behind R, Point R, R Cross L, Point L, L Cross R, Point R
12 Step L to L, Recover on R
34 L Cross Behind R, Point R to R
$56 \quad$ R Cross L, Point L to L
78 L Cross R, Point R to R
Sec 8: Step R Fwd, Flick L, Shuffle Back, Step R Fwd 1/4R, L Fwd, Side R with 1/4L turn L, Kick L diagonally Fwd L
12 Step R Fwd, Flick Back L
3 \& $4 \quad$ Shuffle Back - LRL
56 Step R Fwd with $1 / 4$ turn R, Step L Fwd
78 Step $R$ to $R$ with $1 / 4$ turn $L$, Kick $L$ diagonally Fwd $L$
Contact: jkhloh@gmail.com

