Don't Do This, Please



拍数: 32 墙数: 4 级数: Intermediate 编舞者: Heejin Kim (KOR) & Miae Choi (KOR) - November 2018

音乐: Please Don't... (이러지마 제발) - K.Will (케이윌)



Intro: 32 Counts

[1-8] Dorothy	Step 2X,	Mambo	Step, Coas	ter Step

12&	RF Step diagonally R forward, LF Cross behind, RF Step diagonally R forward
34&	LF Step diagonally L forward, RF Cross behind, LF Step diagonally L forward
5&6	RE Sten forward, LE Recover weight, RE Sten hackwards

RF Step forward, LF Recover weight, RF Step backwards 7&8 LF Step backwards, RF Step together, LF Step forward

[9-16] Skate 2X, Mambo 1/2 Turn, Triple 1/2 Turn, Forward, Rock Step

12	LF Swivel heel L with RF Step diagonally R forward, RF Swivel heel R with LF Step
	diagonally L forward
3&4	RF Step forward, LF Recover weight, RF 1/2 Turn R, Step forward
5&6	LF 1/4 Turn R, Step L lightly, RF 1/4 Turn R, Step together (12:00), LF Step place
78&	RF Step forward, LF Step forward, RF Recover weight

[17-24] Body R	oli, Touch, Flick, Knee out, Boogle Side 2X
12&	LF Touch backwards with start body roll, LF Step backwards with finish body roll, RF Step
	together
3&4	LF Touch backwards, LF Flick, LF 1/4 Turn L Touch place with knee out (9:00)
5&6&	LF Step L with BF knee out, RF Step together with BF straighten knees, Step L with BF knee out, 1/4 Turn L Step together (6:00) with BF Straighten knees
7&8&	RF Step R BF knee out, LF Step together with BF straighten knees, RF Step R with BF

knee out push, RF Flick

[25-32] Pop Shoulder Up & down, Mambo, 1/4 Turn Backwards Sweep, Sailor, Applejack 3X

1&2	RF Touch place with knee out, Pop R shoulder up with L down, Pop L shoulder up with R down
	down
3&4	RF Step forward, LF Recover weight, 1/4 Turn L Step backwards with LF sweep (3:00)
5&6&	LF Step behind, RF Step together, LF Step L, RF Swivel heel L with LF Swivel toe L
7&8&	BF Recover , LF Swivel heel R with Swivel toe R, BF Recover, RF Swivel heel L with LF
	Swivel to a l

* And LF Step Restart!

[TAG 1] 1/2 Pivot Turn, Sway 2X [After 2 wall (6:00)]

12	RF Step forward, LF 1/2 Turn L Step forward
3 4	RF Step together with hip sway, LF Step together with hip sway

ITAG 2] Side Step. Hold. Unwind Full Turn [After 6 wall(12:00)]

[1AG 2] Side Step, Hold, Oliwind Full Full [After 6 Wall(12.00)]	
12	RF Step R arms side down, Hold arms side up
3 4	Hold with arms side up, LF Cross over
5 6	Start unwind full turn
7 8	Finish unwind full turn, hold

Last Update - 10 Oct. 2019