Freedom (aka Alive)



编舞者: Paula Frohn (USA) - December 2018

音乐: Alive (Studio Version) - Hillsong Young & Free



Alt. music: Simple by Florida Georgia Line (100 BPM)

Intro: 32 count intro, start on vocals ...

Step Forward, Scuff, Step Forward, Scuff, Rocking Chair

| 1-2 | Step RF forward, brush LF next to RF |
|-----|---|
| 3-4 | Step LF forward, brush RF next to LF |
| 5-6 | Step RF forward, replace weight onto LF |
| 7-8 | Step RF back, replace weight onto LF |

Step Pivot 1/4 Left Twice, Jazz Box

| 9-10 | Step RF forward, pivot ¼ left ending weight on LF |
|-------|---|
| 11-12 | Step RF forward, pivot 1/4 left ending weight on LF |

13- 16 Cross RF in front of LF, step LF back, step RF to RT side, step LF forward

Vine Right, Touch, Syncopate Side Together to Left Twice

17-20 Step RF to RT side, cross LF behind RF, step RF to RT side, touch LF toe next to RT

21& Step LF to LF side, steo RF together with weight

22& Repeat 21& Repeat 21&

24 Touch RT toe next to RT (Simple variation for 21-24 ... vine Left, touch)

Jazz Box, Two Pivot ½ Turn (or Rocking Chair)

25-28 Cross RF in front of LF, step LF back, step RF to RT side, step LF forward

29-32 Step RT forward, pivot ½ left ending weight on LF, REPEAT

(Simple variation for 29-32 ... rocking chair)

Enjoy Start over!

Song ends 16 cts. into the dance, facing back wall (6 o'clock), cross right foot in front of left foot, unwind $\frac{1}{2}$ left to finish facing front.

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