One In A Million



拍数: 32 墙数: 0 级数: Intermediate

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音乐: A Million Dreams - P!nk



From the heart and dedicated my wonderful dad who has always supported and encouraged me to pursue my dreams, I miss him everyday

Step Sweep, Weave Sweep, Behind 1/4, Spiral Full Turn, Forward 1/4 behind Kick, Run Run	
1 2&	Step Forward R sweeping L from back to front, cross L over R, Step R to R
3 4&	Cross L behind R sweeping R from front to back, cross R behind L, make a ¼ turn L step L forward
5 6&	Step R forward as you spiral a full turn R, step L forward, make a ¼ turn L step R to R side (6.00)
7 8&	Make an 1/8 turn L cross L behind R as you Kick R Leg forward and R arm rises, step R forward, step L forward (5.30)

Close, Out Out, Drag R, 5/8 run around, step ½, ½ turn back, back rock

12& Close R to L on balls of feet (weight on L), Step R to R

(option reach R arm to R), step L to L (option reach L arm to L)

3 Drag R into meet L as you bring arms down

4&5 Making 5/8 turn R run around R.L.R (12.00)

Step L forward as you pivot ½ turn R, Make another ½ turn R stepping L back

8& Rock R back, Replace weight forward to L (12.00)

R Forward Rock ½, L Forward Rock ½, Spiral full turn L, forward ½ side, weave, back rock, point

1&2& Rock R forward, replace weight to L, make a ½ turn R step R forward, rock L forward

Replace weight back to R, make ½ turn L step L forward, step R forward spiral a full turn L

Step L forward, make a ½ turn L step R back, step L to L side (6.00)

7&8& Cross R over L, step L to L, cross rock R behind L, replace weigh to L (angle body to 7.30)

Point forward, 2x back sweeps, behind ¼, 1/8, back back ½, ¾ run around

Point R toe forward, step R back sweeping L from front to back, step L back sweeping L from front to back (7.30)

Cross R behind L, make a ¼ turn L step L forward, make a 1/8 turn L step R to R (3.00)

Step L back, step R back, make a ½ turn L step L forward (check upper body ready for a

turri)

8& Make a ¾ turn R run around R, L (6.00)

*Tag: 12 counts end of wall 3

1 2& Step Forward R sweeping L from back to front, cross L over R, Step R to R

3 4& Cross L behind R sweeping R from front to back, cross R behind L, make a ¼ turn L step L

forward *

(4 count Tag)

Cross rock R over L, replace weight to L step R to RCross rock L over R, replace weight to R step L to L

1 2 3 4 Sway R,L, ** R,L (** 10 count tag)

*4 count Tag end of wall 6

Happy Dancing!

^{*10} count Tag end of wall 7