

# Everything You Are

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate NC  
编舞者: Francien Sittrop (NL) - December 2018  
音乐: Everything I Need (Film Version) - Skylar Grey : (Single)



**Intro: Start after 16 Counts**

**When Using the Film Version start right after the Heavy Beat 1&2& then start with 1  
Ending is after count 16 (make the Prissy walks to the front wall )**

**[1 – 8] Step fwd, Cross, Back , ¼ R Step Side, Behind, ¼ R Step Fwd, Cross Rock, Recover, And Cross ¼ R , Side**

1                    Step L fwd  
2 & 3                Step R across L, Step L back , ¼ Turn R step R to R side (03.00)  
4 & 5                Step L behind R, ¼ Turn R step R fwd , Cross Rock L fwd (06.00)  
6 & 7                Recover on R, Step L next to R, Step R across L  
8 &                   ¼ Turn R Step L back , Step R to R side \*\*R\*\*, (09.00)

**[9-16] Fwd, 1 ¼ Turn L, Rock Back, Recover, Hip Sways, Side, Behind , 1/8 L step Fwd**

1                    Step L fwd  
2 & 3                ½ Turn L step R back, ½ Turn L step L fwd, ¼ Turn L step R to R side (06.00)  
4 &                   Rock L back, Recover on R  
5 – 6                Step L to L side and push hip L, and R  
7                    Step L to L side \*\*\*R\*\*  
8 &                   Step R behind L, Step L 1/8 Turn L (05.00)

**[17-24] Prissy Walks , Mambo Step, Sweep Sailot Step 3/8 Turn R, Cross, Side**

1 – 3                Step R across L, Step L across R, Step R across L  
4 & 5                Rock L fwd, Recover on R, Step L big stap back  
6 & 7                Sweep R behind left with 3/8 Turn R , Step L next to R , Step R fwd (09.00)  
8 &                   Sweep L fwd and step across R. Step R to R side

**[25-32] Behind with Sweep, Behind , Side, Fwd. Runs Fwd, Step Fwd, Pivot ½ R, Step Fwd, Spiral Turn L**

1                    Step L Behind R and sweep R back  
2 & 3                Step R behind L, Step L to L side, Step R fwd  
4 &                   Run fwd with L,R  
5 – 7                Step L fwd, Pivot ½ Turn R, Step L fwd (03,00)  
8 &                   Step R fwd, Spiral Turn L (Easier Option ( Step fwd, Hold)

**Restarts :**

**During Wall 2 : After count 15 Add these steps: (facing the 9 o'clock wall )**

**Step R next to L and start again with count 1**

**During: Wall 4 after count 8& Start again with count 1**

**Ending: Last wall starts on the 9 o'clock wall**

**Dance up to count 8 & Then step fwd on L(1) , Cross R over L and make slowly ½ Turn L to face the front Wall (2 – 4)**

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