Ocala Mambo

拍数: 40 **墙数:** 4 **级数:** Beginner
编舞者: Art Ticknor (USA) - December 2018
音乐: Te Quiero Más - Fórmula Abierta

Alt.: Save the Last Dance for Me by The Drifters

MAMBO FORWARD, MAMBO BACK

1-2	Step L forward, recover on R
3-4	Step L together, hold
5-6	Step back on R, recover on L
7-8	Step R together, hold

MAMBO LEFT, MAMBO RIGHT (CUCARACHA)

1-2	Step L to left, recover on R
3-4	Step L together, hold
5-6	Step R to right, recover on L
7-8	Step R together, hold

MAMBO CROSSOVERS – LEFT THEN RIGHT

1-2	Cross L over R, recover on R
3-4	Step L together, hold
5-6	Cross R over L, recover on L
7-8	Step R together, hold

MAMBO BOX 1/2 TURN LEFT

1-2	Step L forward, recover on R
3-4	Step L together, hold
5-6	Step back on R, recover on L
7-8	Cross R over L, hold

1-2	Step fwd L with 1/4 turn left, step right on R
3-4	Step L behind R with 1/4 turn left, hold
5-6	Step back on R, step left on L
7-8	Step R together, hold

REPEAT

The original Cuban dance may have involved sliding the feet, flat-footed, while the ballroom version involves stepping toe-heel.