Ain't Too Proud to Beg

级数: Absolute Beginner

编舞者: Susan Prats (USA) - January 2019

音乐: Ain't Too Proud to Beg - The Temptations

Begin after intro, "...ain't too proud to ... " - Right lead

WALK 3 FORWARD, KICK, WALK 3 BACK, TOUCH

- 1-4 Step R (1), L (2), R (3) forward, kick L (4)
- 5-8 Step L (5), R (6), L (7) back, touch R next to L (8)

PADDLE 1/4 LEFT X 2

拍数: 32

- 1-2 Step R forward (1), paddle L with 1/4 turn left (9:00) (2)
- 3-4 Step R forward (3), paddle L with 1/4 turn left (6:00) (4)

VINE RIGHT, TOUCH, WEAVE LEFT 4, ROCK, RECOVER, CROSS, HOLD

- Step R to right (5), step L behind R (6), step R to right (7), touch L next to R (8) 5-8
- 1-8 Step L to left (1), step R behind L (2), step L to left (3), step R across L (4), rock L to left (5), recover R(6), step L across R (7), hold (8)

ROCKING CHAIR BACK X 2

- 1-4 Rock R back (1), step L in place (2), rock R forward (3), step L in place (4)
- 5-8 Rock R back (5), step L in place (6), rock R forward (7), step L in place (8)

Restart





墙数:2