I Will Forget You

拍数: 32

级数: Beginner / Improver

编舞者: Miranda Lucia - January 2019

音乐: Showstopper - Brandon & Leah

Start the dance when the lyric comes

Sec. 1: Kick ball change, kick ball change, mambo backward

- 1 & 2 kick RF forward step RF down, recover on LF
- 3 & 4 kick RF forward step RF down, recover on LF
- 5 & 6 rock RF backward, recover on LF, step RF together
- 7 & 8 rock LF backward, recover on RF, step LF together

Sec. 2: ½ pivot turn, ½ pivot turn, body waves (facing 14:00)

- 1, 2 step RF forward, ¹/₂ turn L and step on LF
- 3, 4 step RF forward, ¹/₂ turn L and step on LF
- 5, 6 step RF forward (facing 14:00). (5,6, 7,8 start body wave/rolls from chest through your
- sternum to your hips and go back)
- 7, 8 step RF forward (facing 14:00)

Sec. 3: ¼ pivot turn, shuffle forward, mambo forward, coaster step

- 1, 2 step LF forward, ¼ turn R and step on RF
- 3 & 4 step LF forward, step R next to L, step L forward
- 5 & 6 rock RF forward, recover on LF, step RF together
- 7 & 8 step LF back, step RF on LF, step LF forward

Sec. 4: ½ pivot turn, shuffle forward, hip bumps

- 1, 2 step RF forward, ½ turn L
- 3 & 4 step RF forward, step LF next to RF, step R forward
- 5, 6 bump hips L
- 7, 8 bump hips R

Tag = on wall 7 after 16 courts, full slow unwind

1, 2, 3, 4 cross L over R, turn to facing 12:00 and restart

Hope you enjoy! Thank you!





墙数:4