Take It From Me



拍数: 32 墙数: 4 级数: Beginner

编舞者: Noah Sierra (USA) - January 2019 音乐: Take It From Me - Jordan Davis



Intro: 16 counts

HEEL JACKS, HIP SWAYS.

1&2& Step RF to R side, cross LF behind RF, step RF to R side, kick LF to L side.
3&4& Step LF to L side, over RF behind LF, step LF to L side, kick RF to R side.

5-6 Sway R hip to R side, sway L hip to L side.7-8 Sway R hip to R side, sway L hip to L side.

PIVOT ½ X2, HEEL SWITCHES.

1-2 Step RF forward, pivot ½ L.

3-4 (repeat counts 1-2)

Touch R heel forward, step RF on LF, touch L heel forward, step LF on RF.

Touch R heel forward, step RF on LF, touch L heel forward, step LF on RF.

VINE R, VINE L WITH 1/4 PIVOT.

1-2 Step RF to R side, cross LF behind RF.
3-4 Step RF to R side, touch LF on RF.
5-6 Step LF to L side, cross RF behind LF.
7-8 Step LF to L side, touch RF on LF.

HEEL SWITCHES.

Touch R heel forward, step RF on LF, touch L heel forward, step LF on RF.
Touch R heel forward, step RF on LF, touch L heel forward, step LF on RF.
Touch R heel forward, step RF on LF, touch L heel forward, step LF on RF.
Touch R heel forward, step RF on LF, touch L heel forward, step LF on RF.

RESTART: Wall 3, after first 16 counts.

Website: dancewithnoah.my-free.website Contact: noahsierragae@gmail.com

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