

Shotgun

拍数: 40 墙数: 4 级数: Improver
编舞者: April Barker - January 2019
音乐: Shotgun - Sheryl Crow



INTRO- 32 COUNTS

Start with lyrics at approx. 20 seconds in

SECTION 1- Step, turn, stomps, knee wiggle, shuffle

- 1,2 Step onto R, then rotate on the ball of the foot to turn 180degrees around counterclockwise, while simultaneously lifting L leg into the air with the knee popped up
- 3,4 Stomp down L, then stomp with R
- 5,6 Wiggle the knees in and out twice
- 7&8 Shuffle sideways to the R, RLR

SECTION 2- Heel kicks, cross unwind, heel kicks

- 1,2 Do a heel kick/scuff with L, then replace the weight on L
- 3,4 Do a heel kick/scuff with R, then replace weight on R
- 5,6 Cross L over R leg, then unwind legs to do a half turn and end facing the opposite wall
- 7,8 Kick R heel into the ground twice

SECTION 3- Diagonal sliding steps, Kick/turn, Hops

- 1,2 Do a sliding step with the R, at an angle, traveling forward and slightly R
- 3,4 Do a sliding step with the L, at an angle, traveling forward and slightly L
- 5,6 Kick R out in the air in front of you, then turn ¼ to the left while placing the R back on the ground. You should land facing the new wall with both feet planted
- 7,8 Hop forward twice

SECTION 4: Grapevines

- 1,2,3,4 Grapevine to the right
- 5,6,7,8 Grapevine to the left

SECTION 5: Cross/taps, hip shaking

- 1,2 Cross R over L, then tap L out to the side
- 3,4 Cross L over R, then tap R out to the side
- 5,6,7,8 Shake hips side to side while standing in place

No Tag Or Restarts, continue to repeat walls until the song is finished.