I've Been Loving You

COPPER KNOB

拍数: 48

墙数: 2

级数: Intermediate

编舞者: Colleen Archer (AUS) - January 2019

音乐: I've Been Loving You Too Long - Guy Sebastian : (Album: The Memphis - iTunes - 4:11)

Intro: 24 counts (Music can be faded after 8 walls at 2.57 mins) SP: Weight on R BPM: 138 Rotation: ½ CCW 4th January, 2019

- 1 3 Step L forward, Turn ¼ left and step R beside L, Step L beside R
- 4 6 Step R back, Step L beside R, Step R beside L (9)

Forward, Lift Knee, Back, Back, Turn ¼ and Side

- 1 3 Step L forward, Slowly lift R knee for 2 counts
- 4 6 Step R back, L, Step L back, Turn ¼ right and step R to right side (12)

Across, Slow Sweep, Across, Turn $1\!\!\!/_2$ & Side

- 1 3 Step L across R, Sweep R across L for 2 counts
- 4, 5 Step R across L, Turn ¼ right & step L back
- 6 Turn ¼ right & step R to right side (6)

Waltz Forward, Back, Hook, Hold

- 1 3 Step L forward, Step R beside L, Step L beside R
- 4 6 Step R back, Hook L across R shin, Hold (6)

Forward, Turn 1/4 and Sweep, Weave Across, Side, Behind

- 1 3 Step L forward, Turn ¼ left sweeping R around for 2 counts
- 4 6 Step R across L, Step L to left side, Step R behind L (3)

Side, Drag, Touch, Full Turn

- 1 3 Step L to left side, Drag R toward L, Touch R beside L
- 4, 5 Turn ¼ right & step R forward, Turn ½ right & step L back,
- 6 Turn ¼ right & step R to right side (3)

Across, Turn ¼, Tog, Tog, Back, Turn ¼ and Tog, Tog

- 1 3 Step L across R, Turn ¼ left and step R beside L, Step L beside R (1.30)
- 4 6 Step R back, Turn ¼ left and step L beside R, Step R beside L (10.30)

Forward, Turn ¼, Tog, Tog, Back, Turn 1/8, Tog, Tog

- 1 3 Step L forward, Turn ¼ left and Step R beside L, Step L beside R (7.30)
- 4 6 Step R back, Turn1/8 left and Step L beside R, Step R beside L (6)

Begin dance again.....

Finish: Waltz forward L R L turning 1/2 left, Step R back, Drag L back across R, Hold

Dance may be copied and distributed provided original steps remain unchanged.

E-mail: colleen.archer@bigpond.com - 0400872467 - "For...Geoff"

