# Love Hate



编舞者: Harold Grimshaw (UK) - January 2019

音乐: I May Hate Myself In the Morning - Lee Ann Womack



#### BACK ROCK, SHUFFLE 1/2 TURN, TURN ROCK, CROSS ROCK TOUCH

1-2 Right Back Rock (Opening Out To Right), Recover Left

3&4 Right Shuffle Turning 1/2 Left (6)

5-6 (1/4 Turn Left) Left Side Rock, Recover Right (3)7&8 Left Cross, Recover Right, Touch Left To Left Side

### CROSS LOCK, STEP LOCK STEP, (STEP/PIVOT) (X2)

1-2 Left Cross Diagonally Forward Right, Lock Right Behind

3&4 Left Lock Step (4.30)

5-8 (Right Forward, Pivot Left) (X2) Completing 3 / 8 Turn Left (12)

### CROSS, SWEEP, CROSS SIDE BEHIND, TURN 1/4 ROCK, FORWARD SHUFFLE

1-2 Right Cross, Sweep Left Over Right3&4 Left Cross, Right Side, Left Behind

5-6 Right Forward 1/4 Right, Recover Left Back (3)

7&8 Right Shuffle Forward

## FORWARD ROCK, SHUFFLE 1/2 TURN, CROSS, BACK, FULL TURN BACK

1-2 Left Forward, Recover Right Back3&4 Left Shuffle 1/2 Left Forward (9)

5-6 Right Cross, Left Back

7-8 Full Turn Back Right On Right, Left (Option – Walk Back R L)

Last Update - 24 Jan. 2019