The Ship and the Bottle



拍数: 32 墙数: 4 级数: Absolute Beginner

编舞者: Linda Pink (AUS) - January 2019

音乐: The Ship and the Bottle - Brett Young: (Album: Ticket to L.A)



Introduction Counts: 16 - Min: 4.29

(There is a pause in the music where you can finish the dance. See notes below.)

CAMEL STEP, CAMEL STEP

1,2	Camel Step: Step R 45 deg Right, Step L next to R
	0. 5.45.1 5.0 61.4

3,4 Step R 45 deg R, Scuff L thru

5,6 Camel Step: Step L 45 deg Left, Step R next to L

7,8 Step L 45 deg Left, Touch R next to L 12

ZIG ZAG BACK X 2, VINE RIGHT & TOUCH (ALT ROLLING VINE RIGHT & TOUCH)

1,2	Step R Back at 45 deg, Touch L next to R
3,4	Step L Back at 45 deg, Touch R next to L
5,6	Step R to the side, Step L behind R,
7,8	Step R to the side, Touch L next to R 12

VINE LEFT 1/4 TURN SCUFF, (ALT ROLLING 1 1/4 VINE LEFT & SCUFF) PADDLE TURN X 2

1,2	Step L to the side, Step R behind L,
3,4	Turn 1/4 Left Step L fwd, Scuff R thru 9
5,6	Step R Forward, Turn ¼ Left take weight on L 6
7.8	Step R Forward, Turn ¼ Left take weight on L 3

HEEL STRUT X 2, ROCKING CHAIR (ALT 2 X PIVOT TURNS)

1,2	Step R Heel Forward, Drop R toe to the Floor
3,4	Step L Heel Forward, Drop L toe to the Floor
5,6	Rocking Chair: Step R forward, Rock back onto L

7,8 Step R back, Rock forward on L 3

There is a pause in the music at 3.10 where you can finish the dance. Facing the back wall, slow camels to the back and cross your right over your left and unwind a half turn. If you wish to continue with the music you can do so facing the front wall when the song kicks back in.

Contact - Linda Pink: 0438 275327 - www.lvbootscooters.com