Family Affair

拍数: 32

级数: Improver +

编舞者: Joel Cormery (FR) - January 2019

音乐: Family Affair - Mary J. Blige

Intro: 4x8

[1-8] OUT R, OUT L, SAILOR STEP, BEHIND SIDE CROSS, PRESS SIDE R, RECOVER

- 1-2 right foot forward in the diagonal R, step L (support on the ball of the feet)
- 3&4 Step right behind left, step left, step right in place
- 5 &6 Step left behind right, right to right, cross left over right
- 7-8 Step right to by exerting pressure on the ball of the foot, recover weight on left

[9-16] BEHIND, 1/4 TURN L, STEP LOCK STEP, OUT L, OUT R, BEHIND, OUT R, OUT L, BEHIND, 1/4 TURN L

- 1-2 FL behind left, 1/4 turn left before PG
- 3&4 Step right forward, cross left behind right, step right forward
- 5&6 Step L forward diagonally left, right to right, left behind right
- &7&8 Step right to right, left to left, right behind left, 1/4 turn left Step L forward

[17-24] PRESS STEP R, RECOVER, BACK R, BACK L, BACK R, COASTER STEP, FORWARD COASTER STEP

- 1-2 Step R forward on the ball of the foot by bending the knee, recover weight on L
- 3&4 Step back right, back left, back right, (small not fast)
- 5&6 Step L back, right foot next to left foot, step L forward
- 7&8 Step R forward, left beside right, step right back

[25-32] BACK L, BACK R, BEHIND SIDE CROSS, SCISSOR CROSS, SIDE, BEHIND, SIDE

- 1-2 Back left, back right (in rolling gait)
- 3&4 Step left behind right, right to right, cross left over right
- 5&6 Step right to right, step left to right side, cross right over left
- 7 & 8 Step left to left, right behind left, left to left

To Dance is like talking in silence. It says a lot without speaking a word. Http://joelcormery.wix.com





墙数:2