# Bye Bye Shuffle

拍数: 36

级数: Improver

编舞者: Ruth Cuthbertson - January 2019

音乐: Commit Me for Hangin' On - Scooter Lee

This dance is especially dedicated to all of my dancing friends at Avon Oaks and Melody Lane.

Also: Daniel's Boys - Scooter Lee (slow) -

## Side Shuffles, Cross Shuffles, Turn, Rock Steps

- Shuffle sideways to the right (RLR)
  Cross Left over Right and shuffle to the right (LRL)
  Shuffle sideways to the right (RLR)
  Cross Left over Right and shuffle to the right (LRL)
  Cross Left over Right and shuffle to the right (LRL)
  Shuffle sideways to the right (PLR)
- 9&10 Shuffle sideways to the right (RLR) making a 1/4 turn CCW on these step
- 11-12 Step back on Left, Rock forward onto Right

## Shuffles Forward, Rock Steps

- 13&14 Shuffle forward (LRL)
- 15&16 Shuffle forward (RLR)
- 17&18 Shuffle forward (LRL)
- 19-20 Step forward on Right, Rock back onto Left

## Turning Shuffles, Stomps

- 21&22 Shuffle backward (RLR) making a 1/2 turn CW on these steps
- 23&24 Shuffle forward (LRL) making a 1/2 turn CW on these steps
- 25&26 Shuffle backward (RLR) making a 1/2 turn CW on these steps
- 27-28 Stomp left next to Right, Stomp Right next to Left (stomp down)

#### Syncopated Rambles Left And Right

- 29-30 Swivel both heel, to the left Swivel both toe, to the left
- 31&32 Swivel both heels to the Lt, Swivel toes to the Lt, Swivel both heels to the Lt
- 33-34 Swivel heels to the right, Swivel toes to the right
- 35&36 Swivel heels to the right Swivel toes to the right Swivel heels to the right

## **BEGIN AGAIN**

Submitted by - William Curtis: curtiz24@hotmail.com





**墙数:**4