

Bailemos

拍数: 32 墙数: 2 级数: Phrased Beginner
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音乐: Reggaetón Lento (Bailemos) - CNCO



Intro 32 counts

Sequence AA, BB, AA, BBBB, AAAA, BBBB

Part A: 16 counts

Section A1: Point Switches, Chasse R, Chasse L ¼ Turn L

1&2& Point right to right, Step right together, Point left to left, Step left together
3&4& Point right to right, Step right together, Point left to left, Step left together
5&6 Step right to right side, Step left next to right, Step right to right side
7&8 Step left to left side, Step right next to left, Step left to left side ¼ turn left

Section A2: Chasse R, ¼ Turn L Chasse L, Mambo Fwd, Mambo Back

1&2 Step right to right side, Step left next to right, Step right to right side
3&4 ¼ turn left and step left to left side, Step left next to left, Step left to left side
5&6 Rock right forward, Step left in place, Step right back
7&8 Rock left back, Step right in place, Step left forward

Part B: 16 counts

Section B1: Side Rock, Recover, Side Rock, Recover, Cross, Side, Point

12& Step right to right, Step left to left, Step-close right beside left
34& Step left to left, Step right to right, Step-close left beside right
5&6& Step right across left, Step left to left, Point right toe out to right side, Step right next to left
7&8& Step left across right, Step right to right, Point left toe out to left side, Step left next to right

Section B2: Cross, Step Back, ¼ Turn R Step Side, Coaster Step

1&2 Step right across left, Step left back, ¼ turn right step right to right
3&4 Step back on left, Step right next to right, Step forward left
5&6 Step right across left, Step left back, ¼ turn right step right to right
7&8 Step back on left, Step right next to right, Step forward left

Enjoy !!