

Climb The Ladder

拍数: 48 墙数: 4 级数: Improver
编舞者: Trine Haukø Lund (NOR) - January 2019
音乐: Jacob's Ladder - Mark Wills



Intro: 32 counts

Section 1: Side, together, side, heel, side, together, 1/4 L, scuff

- 1-2 Step RF to R, step LF next to RF
- 3-4 Step RF to R, touch LH diagonal forward to L
- 5-6 Step LF to L, step RF next to LF
- 7-8 Turn 1/4 L(9:00) and step LF forward, scuff RF

Section 2: Rocking chair, R fwd, hold, 1/2 L, hold

- 1-2 Rock RF forward, recover on LF
- 3-4 Rock RF backwards, recover on LF
- 5-6 Step RF forward, hold
- 7-8 Turn 1/2 L(9:00) (weight on LF), hold

Section 3: Vaudeville, cross, side, cross, hold

- 1-2 Cross RF in front of LF, step LF to L
- 3-4 Touch RH diagonal forward to R, step RF next to LF
- 5-6 Cross LF in front of RF, step RF to R
- 7-8 Cross LF in front of RF, hold

Section 4: Sway R, 1/4 L, sway R, sway L

- 1-2 Sway and step RF to R
- 3-4 Sway, turn 1/4 L(12:00), step LF forward
- 5-6 Sway and step RF to R
- 7-8 Sway and step LF to L

Section 5: Step, lock step, L fwd, 1/4 R, recover, cross, hold

- 1-2 Step RF forward, close LF behind RF
- 3-4 Step RF forward, hold
- 5-6 Step LF forward, turn 1/4 R(3:00), recover on RF
- 7-8 Cross LF in front of RF, hold

Section 6: Side, behind, 1/4 R, L fwd, 1/4 R, cross, hold

- 1-2 Step RF to R, cross LF behind RF
- 3-4 Turn 1/4 R(6:00), step RF forward, hold
- 5-6 Step LF forward, turn 1/4 R(9:00), recover on RF
- 7-8 Cross LF in front of RF, hold

Tag: There is a 8 count Tag after wall 4, facing 12:00

Repeat the last 8 counts of the dance and Restart the dance facing 6:00

Tag: Side, behind, 1/4 R, L fwd, 1/4 R, cross, hold

- 1-2 Step RF to R, cross LF behind RF
- 3-4 Turn 1/4 R(3:00), step RF forward, hold
- 5-6 Step LF forward, turn 1/4 R(6:00), recover on RF
- 7-8 Cross LF in front of RF, hold