Runaway Heart



编舞者: Travis Taylor (AUS) - January 2019

音乐: Change Your Name - Brett Young: (Album: Ticket To L.A)



INTRO: 36 Counts from the first heavy beat

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CROSS TWINKI F -	· CROSS SWEEP ·	- CROSS ¼ I	WALL/	- WALLZ BACK

1-3	Cross L over R, Rock R to R side, Replace weight on L
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4-6 Cross R over L sweeping L around for 2 Counts
1-3 Cross L over R, 1/4 L Step R back, Step L back

4-6 Step R back, Step L together, Step R slightly fwd

STEP/SWEEP - STEP/SWEEP - CROSS TWINKLE - CROSS - SIDE - BEHIND

1-3	Step L fwd whilst sweeping R around for 2 Counts
4-6	Step R fwd whilst sweeping L around for 2 Counts
1-3	Cross L over R, Rock R to R side, Replace weight on L
4-6	Cross R over L, Step L to L side, Step R behind L

SIDE/DRAG - SIDE/DRAG - 1/4 L BASIC WALTZ - WALTZ BACK

1-3	Step L to L side dragging R towards L for 2 Counts
4-6	Step R to R side dragging L towards R for 2 Counts
1-3	Step L fwd, 1/4 L Step R slightly together, Step L in place
4-6	Step R back, Step L together, Step R in place

RESTART HERE WALLS 1, 3, 6, 9

STEP/POINT HOLD - BACK LOCK BACK - COASTER WALTZ - FWD SWEEP

1-3	Step two on L pointing R to R side, noid for Counts 2-3
4-6	Step R back, Lock L over R, Step R back
1-3	Step back L, Step R together, Step L fwd

4-6 Step R fwd sweeping L around for 2 Counts

TAG AT THE END OF WALL 4

CROSS TWINKLE, CROSS 1/2 R, CROSS POINT/HOLD, BACK POINT/HOLD

1-3	Cross L over R, Rock R to R side, Replace weight on L
4-6	Cross R over L, 1/4 R Step L back, 1/4 R Step R to R side
1-3	Cross L over R pointing R to R side, Hold for Counts 2-3
4-6	Step R back pointing L to L side, Hold for Counts 5-6

There are 4 Restarts in this dance, however they are all phrased at 36 Counts on Walls 1, 3, 6 & 9 - Don't let this put you off, you will hear it in the musicality once you become familiar with the song.