

Nothing Breaks Like a Heart

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Kevin Formosa (AUS) - January 2019
音乐: Nothing Breaks Like a Heart (feat. Miley Cyrus) - Mark Ronson : (Single - iTunes)



Intro: 32 Counts from vocals (approx. 25sec) Dance Rotates Clockwise

[1-9] Side, Close, Fwd, Shuffle fwd, Step ½, Shuffle ½ (start a coaster)

1,2,3 Step L to L side, Step R beside L, Step L fwd
4&5 Step R fwd, Step L beside R, Step R fwd
6,7 Step L fwd, ½ R weight R (6.00)
8&1 ½ R stepping L back, Step R beside L, Step L back (start of coaster step)

[10-17] Together, Fwd, Samba Step, Diamond ¼ L

2,3 Step R beside L, Step L fwd (coaster step)
4&5 Step R fwd slightly across L, Step L to L side, Replace R
6&7 Step L across R, 1/8 L stepping R back, Step L back
8&1 Step R back, 1/8 L stepping L to L side, Step R across L (9.00)

[18-24] Spiral with Ronde, Behind, Side, Cross, Back, Side, Tog, Tog

2,3 Unwind a full turn L (weight R), L sweep front to back (9.00)
4&5 Step L behind R, Step R to R side, Step L across R
6,7 Step R back, Step L to L side
8& Step R beside L, Step L in place

[25-33] Scissor Step, ¼, ½, Step ½, Kick-ball Step

1,2,3 Step R to R side, Close L beside R, Step R across L
4& ¼ R stepping L back, ½ R stepping R fwd (6.00)
5,6,7 Step L fwd, ½ R weight R, Step L fwd (12.00)
8&1 Kick R fwd, Step R together, Step L fwd

[34-41] Hold, Ball-step, Hold, Ball step, Cross, ¼ R, Shuffle

2&3 Hold, Step R beside L, Step L fwd
4&5 Hold, Step R beside L, Step L fwd
6,7 Step R across L, ¼ R stepping L back (3.00)
8&1 Step R to R side, Step L beside R, Step R to R side

[42-48] Together, Together, Side, Together, Together, Hips, Back Rock

2&3 Step L beside R, Step R in place, Step L to L side
4&5 Step R beside L, Step L in place, Step R to R side pushing hip to R
6,7 Push hips L, Push hips R (optional: hip may be done in a figure 8)
8& Step L back, Replace R

Note: All forward and back shuffles may be done as locking shuffles

Restart: Wall 3 Starts facing 6.00 dance up to count 16, restart facing 3.00

Tag: Wall 1 & 6: Walking a full circle to your Left starting with L foot

Walk Hold (L), Walk Hold (R), Walk, Walk, Walk, Walk (L, R, L, R)

Ending: Dance up to and including count 6 of section 34-41, then make a ¾ turn R stepping ½ and ¼ to the front to finish

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