

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mathew Sinyard (UK) - February 2019
音乐: joy. - for KING & COUNTRY



Intro: 16 Counts from start of track - (Approx. 7 seconds).

Section 1: Cross Heel Grind 1/4 Right, Coaster Step, Cross 1/4 Side, Behind 1/8 Step.

- 1 – 2 Cross right heel in front of left, make a 1/4 turn right, step back on left (3:00).
- 3 & 4 Step back on right foot, step left beside right, step forward on to right foot.
- 5 & 6 Cross left in front of right foot, make a 1/4 turn left stepping back on right, step left foot to left side (12:00).
- 7 & 8 Cross right behind left, make a 1/8 turn left stepping forward on to left, step forward on to right (10:30).

Section 2: Rock, Recover, Shuffle Back, Push Back, Recover, Anchor Step.

- 1 – 2 Rock forward on to left, recover on to right.
- 3 & 4 Step back on left, close right beside left, step back on left.
- 5 – 6 Push back on to right foot angling your body over your right shoulder, recover on to left foot straightening back up to 10:30.
- 7 & 8 Lock right behind left, Step weight onto left, Step slightly back on right.

Section 3: Back Sweep 3/8 Right, Behind Side Cross, Rolling Vine Hold.

- 1 – 2 Step back on left, Sweep right making a 3/8 turn right (3:00).
- 3 & 4 Cross right behind left foot, step left foot to left side, cross right foot in front of left.
- 5 – 7 Make a 1/4 left stepping forward on left, make a 1/2 left stepping back on right, make a 1/4 left stepping left to left side (Alternative – Left vine).
- 8 Hold.

Section 4: Ball Side Rock, Ball Side Rock, Ball walk 1/2 left, Hold.

- & 1 - 2 Step ball of right beside left, rock left to left side, recover on to right.
- & 3 - 4 Step ball of left foot beside right foot, rock right foot to right side, recover on to left.
- & 5 - 7 Step ball of right beside left, walk 1/2 left stepping left, right left (9:00).
- 8 Hold.

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