

One Love Song

拍数: 64 墙数: 4 级数: Improver
编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - February 2019
音乐: One Love Song (feat. Sam Outlaw) - Michaela Anne



Intro: 4 Counts

Sec 1: Step Side, Together, Chasse, Weave

1-2 RF. Step to R side - LF. Step together
3&4 RF. Step to R side - LF. Close - RF. Step to R side
5-6-7-8 LF. Cross over RF - RF. Step to R side - LF. Cross behind RF - RF. Step to R side

Sec 2: Cross Rock, Recover, Chasse, Weave with a 1/4 Turn L

1-2 LF. Cross rock over RF - RF. Recover
3&4 LF. Step to L side - RF. Close - LF. Step to L side
5-6-7-8 RF. Cross over LF - LF. Step to L side - RF. Cross behind LF - LF. 1/4 Turn L step forward (9:00)

Sec 3: Rocking Chair, Step fwd, 1/4 Turn L, Cross, Point Side

1-2-3-4 RF. Rock forward - LF. Recover - RF. Rock back - LF. Recover
5-6-7-8 RF. Step forward - 1/4 Turn L - RF. Cross over LF - LF. Point toe to L side (6:00)

Sec 4: Weave, Point Side, Point fwd, Point Side, Step fwd, Point Side

1-2-3-4 LF. Cross over RF - RF. Step to R side - LF. Cross behind RF - RF. Point toe to R side
5-6-7-8 RF. Point toe forward - RF. Point toe to R side - RF. Step forward - LF. Point toe to L side

Sec 5: Rock fwd, Recover, Back Shuffle, Full Turn R, Back Shuffle

1-2 LF. Rock forward - RF. Recover
3&4 LF. Step back - RF. Close - LF. Step back
5-6 RF. 1/2 Turn R step forward - LF. 1/2 Turn R step back (6:00)
7&8 RF. Step back - LF. Close - RF. Step back

Sec 6: Back Rock, Recover, 1/4 Turn R, Cross Behind, Chasse with a 1/4 Turn L, Step fwd, Pivot 1/2 Turn L

1-2-3-4 LF. Rock back - RF. Recover - LF. 1/4 Turn R step to L side - RF. Cross behind LF (9:00)
5&6 LF. Step to L side - RF. Close - LF. 1/4 Turn L step forward (6:00)
7-8 RF. Step forward - Pivot 1/2 Turn L (12:00)

Sec 7: 1/4 Turn L, Cross Behind, Chasse with a 1/4 Turn R, Step fwd, Pivot 1/2 Turn R, 1/4 Chasse

1-2 RF. 1/4 Turn L step to R side - LF. Cross behind RF (9:00)
3&4 RF. Step to R side - LF. Close - RF. 1/4 Turn R step forward (12:00)
5-6 LF. Step forward - Pivot 1/2 turn R (6:00)
7&8 LF. 1/4 Turn R step to L side - RF. Close - LF. Step to L side (9:00)

Sec 8: Cross, 1/4 Turn R, 1/4 Turn R, Cross, Step Side, Touch, Step Side, Touch

1-2-3-4 RF. Cross over LF - LF. 1/4 Turn R step back - RF. 1/4 Turn R step to R side - LF. Cross over RF (3:00)
5-6-7-8 RF. Step to R side - LF. Touch toe beside RF - LF. Step to L side - RF. Touch toe beside LF

Start Again

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