Alvaro Loca

级数: Improver

编舞者: Dongsook Kim (KOR) - February 2019

音乐: Loca - Álvaro Soler

Intro: 16 counts(10 secs)

Sec 1: Hip Bump R 2×, Sweep, Travelling Back Sambas R-L 1&2& Touch RF toe forward with hip bumping right(1)-center(&)-right(2) -center(&) 3-4 Sweeping R from front to back during 2counts * Restart - will take place here in wall 4,11 5&6 Cross RF behind LF(5), Rock LF to L side (&), Replace weight to RF (6) 7&8 Cross LF behind RF(7), Rock RF to R side(&), Replace weight to LF(8) Sec2: 3/4 L Paddle Turn, Botafogos L-R 1&2& Step RF back(1), ¼ Turn L transfer weight onto LF(&), Step RF back(2), ¼ Turn L transfer

- 1&2& Step RF back(1), ¼ Turn L transfer weight onto LF(&), Step RF back(2), ¼ Turn L transfer weight onto LF(&)
- 3&4 Step RF back(3), ¼ Turn L transfer weight onto LF(&) Step RF Back(4) 3:00
- 5&6 Step LF forward(5), Step RF to R(&), Recover LF(6)
- 7&8 Step RF forward(7), Step LF to L(&), Recover RF(8)

Sec3: Rocking Chair - Syncopated Lock Step × 2

- 1&2& Rock LF forward(1), Recover RF(&), Rock LF back(3), Recover RF(&)
- 3-4& Step LF forward(3), Lock RF behind LF(4), Step LF forward(&)

* Restart - will take place here in wall 9

- 5&6& Rock RF forward(5), Recover LF(&), Rock RF back(6), Recover LF(&)
- 7-8& Step RF forward(7), Lock LF behind RF(8), Step RF forward(&)

S4: Samba Whisk L-R, Traveling Volta Full Turn L

- 1-2& Rock LF to L(1), Step RF behind LF(2), Recover LF(&)
- 3-4& Rock RF to R, Step LF behind RF, Recover RF(&)
- 5&6& ¼ Turn L step LF forward(5), Recover RF(&), ¼ Turn L step LF forward(6), Recover RF(&)
- 7&8 1/4 Turn L step LF forward(7), Recover RF(&), 1/4 Turn L step LF forward(8)

*Restart 1: after 4 counts during wall 4, facing (9:00)

*Restart 2: after 20 counts during wall 9, facing (12:00)

*Restart 3: after 4 counts during wall 11, facing (3:00)

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Start dancing again





拍数: 32

墙数:4