

Nothing Breaks Like A Heart

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Linda Wolfe (AUS) & Robyn Groot (AUS) - January 2019
音乐: Nothing Breaks Like a Heart (feat. Miley Cyrus) - Mark Ronson



Walk Back. 1/2 Turn Shuffle Right. Forward Rock. Left Coaster Step.

1 - 2 Walk backwards Right. Left.
3&4 Turning 1/2 turn Right, shuffle forward Right. Left. Right.
5 - 6 Rock forward on Left. Recover weight on Right.
7&8 Step back on Left. Step Right together. Step forward on Left. (Facing 6 o'clock)

Step. Pivot 1/4 Turn Left. Cross Shuffle. Half Turn Right. Shuffle Forward.

1 - 2 Step forward on Right. Pivot 1/4 turn Left. (Facing 3 o'clock)
3&4 Cross Right over Left. Step Left to Left side. Cross Right over Left.
5 - 6 Turning 1/4 turn Right, step back on Left. Turning 1/4 Right, step Right to Right side. (9:00)
7&8 Shuffle forward Left. Right. Left. (Facing 9 o'clock)

Walk Back. Right Coaster Step. Left Heel. Left Toe. Shuffle Forward.

1 - 2 Walk backwards Right. Left.
3&4 Step back on Right. Step Left together. Step forward on Right.
5 - 6 Touch Left heel forward. Touch Left toe back.
7&8 Shuffle forward Left. Right. Left.

Grind 1/4 Turn Right. Right Coaster Step. Grind 1/4 Turn Left. Left Coaster Step.

1 - 2 Grind Right heel forward, turning 1/4 turn Right. Step Left to Left side.
3&4 Step back on Right. Step Left together. Step forward on Right. (Facing 12 o'clock)
5 - 6 Grind Left heel forward, turning 1/4 turn Left. Step Right to Right side.
7&8 Step back on Left. Step Right together. Step forward on Left. (Facing 9 o'clock)

Side Rock. Together. Side Rock. 1/4 Turn Left Coaster Step. Step. Pivot 1/2 Turn Left.

1 - 2& Rock Right to Right side. Recover weight on Left. Step Right together.
3 - 4 Rock Left to Left side. Recover weight on Right.
5&6 Turning 1/4 turn Left, step back on Left. Step Right together. Step forward on Left. (6:00)
7 - 8 Step forward on Right. Pivot 1/2 turn Left. (Facing 12 o'clock) (%%)

Cross & Heel Right and Left. Step. Pivot 1/2 Turn Left. Shuffle Forward.

1&2& Cross Right over Left. Step Left to Left side. Touch Right heel to 45°. Step Right together.
3&4& Cross Left over Right. Step Right to Right side. Touch Left heel to 45°. Step Left together.
5 - 6 Step forward on Right. Pivot 1/2 turn Left. (Facing 6 o'clock) (@@)
7&8 Shuffle forward Right. Left. Right.

Left Heel Ball Cross. Left Heel Ball Cross. Side Rock. 1/4 Turn Left Coaster Step.

1&2 Touch Left heel to 45°. Step Left together. Cross Right over Left.
3&4 Touch Left heel to 45°. Step Left together. Cross Right over Left.
5 - 6 Rock Left to Left side. Recover weight on Right.
7&8 Turning 1/4 turn Left, step back on Left. Step Right together. Step forward on Left. (3:00) (##)

Step. 1/2 Turn Right. Right Coaster Step. Step. 1/2 Turn Left. Left Coaster Step.

1 - 2 Step forward on Right. Turning 1/2 turn Right, step back on Left. (Facing 9 o'clock)
3&4 Step back on Right. Step Left together. Step forward on Right.
5 - 6 Step forward on Left. Turning 1/2 turn Left, step back on Right. (Facing 3 o'clock)
7&8 Step back on Left. Step Right together. Step forward on Left.

Three Restarts:

During Wall 1, restart after Count 56 (Facing 3 o'clock)

@@ During Wall 3, dance to Count 46. Touch Right beside Left. Hold. Restart. (12:00)

%% During Wall 5, restart after Count 40 (Facing 3 o'clock)

Ending: During Wall 7, dance to Count 20. Step forward on Left. Turning 1/4 Right, big step Right to Right side.

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