

拍数: 32 编数: 4 级数: Intermediate

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音乐: Taste - Betty Who: (Single)



#8 count intro

[1-8] SIDE, BEHIND w/SWEEP, BEHIND, SIDE, DIAGONAL, TOE, SLIDE, PRESS, RCVR, COLLECT	
1-2	1) Step R a big step to right as you drag L toe; 2) Step L behind R sweeping R from front to back
3&4	3) Cross R behind L; &) Turn 1/8 left stepping L to left; 4) Step R forward toward 10:30
a5-6	a) Push from the ball of R to create rise in the body and lift L knee slightly; 5) Step L toe in place as you lower body;6) Lower L heel as you slide R back [10:30]
7&8	7) Press R forward; &) Recover to L; 8) Step R beside L pushing hips back [10:30]
[9-16] FORWARD, ½ BACK, OPEN, CLOSE, FORWARD, STEP, PIVOT, SIDE, BEHIND, SIDE, CROSS	
1-2	1) Step L forward prepping right; 2) Turn ½ left stepping R back [4:30]
3&4	3) With both knees bent turn ¼ left stepping ball of L to left as you open knees; &) Keeping knees bent step ball of R next to L closing knees; 4) Turn ¼ left stepping L forward [10:30]
5-6	5) Step R forward and slightly across L; 6) Turn 7/8 left taking weight on L [12:00]
7&8&	7) Step R to right; &) Step L behind R; 8) Step R to right; &) Step L across R
[17-24] SIDE, TOUCH, POINT, TAP, ¼ FORWARD, FORWARD, ½ SPIRAL, ROCK, RECOVER, CROSS	
1-2	1) Step R a large step to right reaching R arm across chest and looking left; 2) Touch L beside R snapping fingers right and looking right
3&4	3) Touch L toe to left; &) Tap L toe beside R; 4) Turn 1/4 left stepping L forward [9:00]
5-6	5) Step R forward; 6) Turn ½ left keeping weight on R allowing L to touch across R [3:00]
7&8	7) Rock L to left; &) Recover to R; 8) Step L across R prepping left
[25-32] FULL TURN, ROCK, FULL TURN, STEP, CHASSE, CROSS, BACK, SIDE, CROSS	
1-2	1) Turn a full turn right on the spot on ball of L; 2) Rock R to right [3:00]
3-4	3) Recovering to L turn a full turn left on the spot on ball of L; 4) Step R beside L [3:00]
5&6	5) Step L to left; &) Step R beside L; 6) Step L to left
7&8&	7) Step R across L; &) Step L back; 8) Step R to right; &) Step L across R [3:00]
Restart: Occurring after count 8 on 4th rotation. You will be facing the original 9 o'clock wall and you will	
dance count 1-7& as written above. Replace count 8 and add an & with the steps below:	
8&	8) Step R to right squaring up to original 9 o'clock wall; &) Step L across R

Enjoy :-)

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