

So Satisfied

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Sue Ann Ehmann (USA) - February 2019
音乐: Back In My Arms Again - Diana Ross & The Supremes : (CD: Number 1's: Diana Ross & the Supremes - iTunes and amazon)



Written especially for my Thursday night class, who have claimed it as "our dance"!

Intro: 32 counts. Begin on lyrics

[1-8] FORWARD STEP, POINTS (4X)

- 1-2 Step right forward, point left to side
- 3-4 Step left forward, point right to side
- 5-6 Step right forward, point left to side
- 7-8 Step left forward, point right to side

[9-16] WALK BACK 3X, TOUCH (CLAP), WALK BACK 3X, TOUCH (CLAP)

- 1-4 Walk back right, left, right, touch left beside right (clap)
- 5-8 Walk back left, right, left, touch right beside left (clap)

[17-24] RIGHT SIDE, TOGETHER, SIDE, TOUCH (CLAP), LEFT SIDE, TOGETHER, 1/4 LEFT, TOUCH (CLAP) ("The Motown")

This section is done with Motown arm movements

- 1-4 Step right to side, step left beside right, step right to side, touch left beside right (Clap)
- 5-8 Step left to side, step right beside left, step 1/4 left, touch right beside left (Clap) (9:00)

[25-32] DOUBLE HIP BUMPS RIGHT & LEFT, BUMP RIGHT, LEFT, RIGHT, LEFT

- 1-2 Stepping right to side bump hips right twice
- 3-4 Bump hips left twice
- 5-8 Bump hips right, left, right, left (feel free to do hip rolls if you like!)

BEGIN AGAIN!

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